Nickel City Splash Short Course Yards Fall Invitational

Hosted by Nickel City Splash Masters, Buffalo, NY

Sunday, November 2, 2003

University at Buffalo Alumni Arena

Location: ·**University at Buffalo** Alumni Arena, Amherst, NY. From the NYS Thruway, take Exit 50 to 1-290 West to Exit 5B Millersport Hwy (Rt. 263 North). Take Millersport to the Coventry Entrance. Alumni Arena is located ahead of the 1st stop sign. Parking is available on the left, or in the back of the Arena.

Time: ·**Warm-up is as follows (PLEASE READ CAREFULLY):** 8:00am Warm Up/9:00am Start for Events #1-2. Continuous warm up will be available throughout the meet with events #3-#19 starting **no earlier than 10:30am**. Check in for **all** swimmers is required and will be located on the pool deck. Please have your USMS/MSO card with you for verification**. Positive Check-in for the 1000 Free and 400 IM is REQUIRED by 8:30am. Positive Check-in for the 500 Free is required by 11:00.**

Eligibility: ·Open to all USMS and Canadian Registered swimmers 19 years or older as of .

Entries: ·**A photocopy of your current USMS or MSO card must be included with your entry.**
·**Must be RECEIVED by Tuesday, October 21, 2003. NO EXCEPTIONS!! No deck entries!!** (except relays).
·Cost: $23/swimmer US Funds or $25/swimmer Canadian Funds (Includes 5 individual events maximum plus relays).
·Checks payable to: ***Nickel City Splash*****. *Mail entries to:* *Andrea Gomez, 68 Jasper Dr. , Amherst, NY 14226***
·Questions? Call Andrea Gomez at (716) 832-6075 or email: ondrayag@aol.com

EVENTS (indicate yards times)

#1 ___:____.____1000 FREE*
#2 ___:____.____400 IM
BREAK
#3 ___:____.____50 BREAST
#4 ___:____.____200 BACK
#5 ___:____.____50 FREE
#6 ___:____.____100 BREAST
#7 ___:____.____100 FLY
#8 ___:____.____200 FREE
#9 ___:____.____100 I.M.
#10 ___:____.____200 Med. Relay** ***(Ex.)***
#11 ___:____.____50 BACK
#12 ___:____.____100 FREE
#13 ___:____.____200 FLY
#14 ___:____.____200 BREAST
#15 ___:____.____50 FLY
#16 ___:____.____100 BACK
#17 ___:____.____200 IM
#18 ___:____.____200 Free Relay** ***(Ex.)***
#19 ___:____.____500 FREE*

***Deck seeded, Fastest to Slowest**
****All Relays will be swum Exhibition (Ex.)**

Name:_____

Address: _____

City: _____State_____

Zip/PC:_____E-mail:_____

Age (as of 11/02/2003): _____D.O.B._____

USMS/MS0# (or other):_____Gender:_____

Local Club: _____

****AWARDS GIVEN TO THE TOP 3 FINISHERS IN EACH AGE-GROUP.**
Relay awards given to the top three finishers overall

Please check out the Nickel City Splash Website for detailed directions to our pool. Results will be posted following the meet!!

wings.buffalo.edu/org/nickelcity

WAIVER: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGE, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature:_____ **Date:**_____

Sanctioned by Niagara District Masters for USMS, Inc. Sanction #ND03-05:
Niagara District Masters Sw imming, 93 Brinton St. Buffalo, NY 14214.