

# NMSC



## NMSC Meet Invitation

# Ian Button Memorial Swim Meet 2007

To register, go to  
[www.NMSC.org](http://www.NMSC.org)

Saturday, February 24, 2007  
Long Course - Nepean Sportsplex  
1701 Woodroffe, Ottawa, Ont, Canada

### Schedule of Events

Check-in: 11am, Warm-up: 12:30, Start: 1:15, Estimated finish: 6:00 p.m.

Women	Event	Men
1	200 Freestyle	2
3	200 IM	4
5	100 Backstroke	6
7	100 Breaststroke	8
9	100 Freestyle	10
11	200 Open Relay	
	15 Minute Break	
12	50 Butterfly	13
14	50 Backstroke	15
16	50 Freestyle	17
18	50 Breaststroke	19
20	800 Open	21

### Cost

Entry fees are per individual (up to 4 events and 1 relay).

Registration and payment before **January 27<sup>th</sup>, 2007**: \$32.00

Registration and payment after **January 27<sup>th</sup>, 2007**: \$37.00

### Maximum Events

Swimmers may enter a maximum of 4 individual events and one relay event. The 800m Freestyle event will be limited to 32 entries and will be swum two per lane. Those accepted into the 800m Freestyle will be

notified when the final heat sheets are posted.

### **Registration and Payment**

Registration will be done entirely on-line. Payment may also be made on-line as part of registration (recommended) or by mailing a cheque (payable to "Nepean Masters Swim Club") to the following address:

Nepean Masters Swim Club  
900 Greenbank Rd Suite 360  
Nepean, ON  
K2J 4P6

RE: Swim Meet Registration

**Note: Please put your MSO # on the cheque**

All payments must be received no later than **Saturday, Feb. 17, 2007**. Registrations without payments as of this date will be cancelled. No registration changes or refunds will be granted after registration closure.

### **Relays**

Entry cards for the relays (available on-line) need to be completely filled out clearly stating Age Category, Relay Type (eg: Mixed, Male, Female), Stroke (eg: Freestyle or Medley), Entry Time and Name of each swimmer. These cards need to be submitted to the check-in desk prior to the meet start. Only swimmers registered in individual events can participate in relays.

### **Check In**

Before swimming, all swimmers must verify the status of their registration at the check-in desk located outside the pool locker rooms before the meet. A list of swimmers in good standing (i.e. registered and paid) will be listed there. **If your name is NOT on the list, please speak with the check in agents otherwise, proceed directly to the locker rooms.** Check in begins at 11:00am.

### **Awards**

Individual Certificates will be given to all participants showing their times and results for all individual and relay events.

### **Facility**

The Nepean Sportsplex pool will be configured as a seven lane 50M pool with women and men alternating events except where otherwise noted. The eighth lane will be open for swimmers to warm-up and warm down. The relays and 800m open may be swum using all 8 lanes. Electronic timing will be used.

### **Sanctioning**

Meet sanctioned by Masters Swimming Ontario (MSO).

### **Rules**

One False Start Rule Applies. Masters Swimming Ontario rules shall apply accommodating any recent changes made by MSO, MSC or FINA not documented in the 2002 MSO handbook.

### **Eligibility**

All swimmers must have reached the age of 18 years or over by Feb 24/07 and be registered with their official Masters Swimming Organization. Masters registration numbers must be provided for each swimmer.

### **Seeding**

Seeding will be by entry time and gender from the slowest to the fastest time. All events will be pre-seeded. Entries without times will be seeded as NT (59:59.99). **THERE WILL BE NO DECK ENTRIES.**

### **Age**

A swimmer's age is determined by his/her age as of December 31, 2007. For individual events, the categories are: 18-24, 25-29, 30-34, 35-39 and so on (5 year increments). For relay events, the categories are: 72+, 100+, 120+, 160+ and so on (40 year increments).

### **Safety Procedures**

The Masters Swimming Ontario [Safety Procedure Rule](#) will be in effect.

### **Officials and Volunteers**

The NMSC Winterlude meet requires approximately 40 volunteer timers. If members or supporters from your club wish to volunteer please contact the Meet Manager at [www.nmsc.org](http://www.nmsc.org) Alternately, please check in at the meet control desk before the meet.

### **Social Event**

Nepean Masters will hold a social in the Sportsplex pool classroom (below the viewing stands) starting at 5:00 pm. Complimentary food and refreshments will be provided.