

## **KEMPENFEST - BAY SWIM (2,000 METERS)**

DATE: Saturday, August 2<sup>nd</sup>, 2008

RAIN DATE: Sunday, August 3<sup>rd</sup>, 2008

MARSHAL – 9<sup>00</sup> am

START – 10<sup>00</sup> am

ENTRY FEE – \$10<sup>00</sup>

### **START/FINISH: Centennial Beach**

#### **PLEASE NOTE THE FOLLOWING RULES AND REGULATIONS:**

1. A canoe - no motorboats, may accompany swimmers. This is not mandatory requirement.
2. A life jacket for each person in the boat must be provided - failure to do so will result in charges by the police, as this is a marine law.
3. Unless otherwise stated, all procedures will follow the most recent Swimming/National Canada rules.
4. Aids such as hand paddles, flippers, gloves or wetsuits cannot be used.
5. The starting times will not be staggered. Please allow the faster swimmers to be at the front of the line.
6. Boats are to stay clear of swimmers at all times, especially when the race commences.
7. Boat operators at the finish: please allow a clear path for the swimmers and do not put your canoe on the beach section where the swimmers are finishing.
8. We are asking for your cooperation with the rules and regulations to ensure the safety of all participants.

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#### **SWIM CLASSES**

Junior

under 14, male and female

Intermediate

15-24 male and female

Senior

25-39 male and female

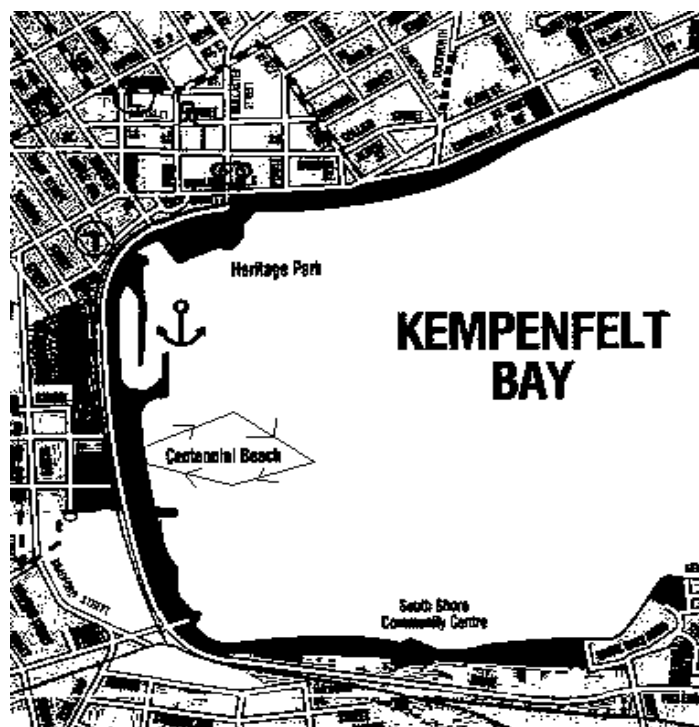
Masters

40-54 male and female

Senior Masters

55 + male and female

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Medals to be awarded for 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> place in each class (male & female)

Trophy for both Male & Female Grand Champion

Plaque to youngest & most senior swimmer completing swim