

# MSO Recorder LCM Relay Records

72 to 99    100 to 119    120 to 159    160 to 199    200 to 239    240 to 279    280 to 319    320+

**Women**

200 Free Relay	2:07.04	1:59.22	1:57.03	1:59.72	2:19.50	2:30.59	3:03.67	
400 Free Relay	5:02.91	4:37.99	4:37.85	4:55.61	5:55.88	6:29.92	8:07.28	
800 Free Relay		10:23.40	11:36.65	12:51.59				
200 Medley Relay	2:26.42	2:12.53	2:15.24	2:15.75	2:36.04	2:53.27	3:02.07	
400 Medley Relay		5:06.65	5:14.91	5:33.10	7:25.38			
800 Medley Relay			13:06.29					

**Men**

200 Free Relay		1:46.73	1:48.00	1:43.80	1:50.36	1:54.27	2:26.12	
400 Free Relay		3:50.02	3:59.49	4:05.54	4:16.70	4:51.77		
800 Free Relay			9:02.44	10:02.60	11:33.02	11:30.67		
200 Medley Relay		1:58.89	2:00.36	1:55.39	2:05.36	2:09.24	2:48.84	
400 Medley Relay		4:59.11	4:29.40	4:37.91	5:07.59	7:01.79	7:25.89	
800 Medley Relay			11:25.02	12:09.55	12:49.24			

**Mixed**

200 Free Relay	2:07.96	1:54.27	1:50.41	1:50.31	2:03.73	2:18.69	2:28.67	
400 Free Relay		4:29.80	4:20.20	4:38.31	4:54.88	5:51.52	6:47.88	
800 Free Relay			10:33.06	11:27.53	12:22.48	12:00.77	14:57.09	
200 Medley Relay	2:10.19	2:12.16	2:04.71	2:04.09	2:15.25	2:42.15	2:50.28	5:13.00
400 Medley Relay	5:15.11		5:03.89	5:08.28	5:26.93	6:25.26	7:54.81	
800 Medley Relay					12:49.24			