

**9th Annual BMO NESBITT BURNS LONG COURSE INVITATIONAL - Sunday, February 29, 2004**

**Individual Entry Grids**

Events ☞	See schedule of relays below		3/4	5/6	7/8	9/10	11/12	13/14	15/16	19/20	21/22	23/24
			100 Free	100 Breast	200 Open + Stroke	100 Back	100 Fly	50 Free	50 Breast	400 Open + Stroke	50 Back	50 Fly
Swimmer's Name	Gender/DOB As of Dec 31/04	MSO#										

Return ☞ Mail/Courier ☞ **Ginette Kurtz, 43 Guildford Cres, London, ON, N6J 3Y2, Canada**  
 or ☞ e-mail ☞ **ginette.kurtz@rogers.com**

**Club Name:** \_\_\_\_\_ **Coach:** \_\_\_\_\_ **Contact Person:** \_\_\_\_\_ **Phone:** \_\_\_\_\_  
**E-Mail Address for Results:** \_\_\_\_\_ **Postal Code :** \_\_\_\_\_ **Total \$C :** \_\_\_\_\_

Event 1 – 200 Open Medley Relay before individual events - **No swimmer can swim more than one relay in this event**  
 Event 17 – 400 Open Relay – after 15 minute break – **No swimmer can swim more than one relay in this event**  
 Event 25 – 200 Open Free Relay – at the end of all events - **No swimmer can swim more than one relay in this event**

**RELAY EVENTS –**

**Please indicate the number of teams for each relay. Relay cards will be completed on the day of the meet.**

**No swimmer can swim more than one relay in this event.**

**Event 1 – 200 Open Medley Relay # of relay teams : \_\_\_\_\_ (optional to complete names at this time)**

**‘A ‘ Mixed Medley Relay :**

**‘B’ All Male Medley Relay :**

**‘C’ All Female Medley Relay**

1. \_\_\_\_\_

1. \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

2. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

3. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

4. \_\_\_\_\_

4. \_\_\_\_\_

**No swimmer can swim more than one relay in this event.**

**Event 25 –200 Open Free Relay # of relay teams : \_\_\_\_\_ (optional to complete names at this time)**

**‘A ‘ Mixed Free Relay :**

**‘B’ All Male Free Relay :**

**‘C’ All Female Free Relay**

1. \_\_\_\_\_

1. \_\_\_\_\_

1. \_\_\_\_\_

2. \_\_\_\_\_

2. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

3. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

4. \_\_\_\_\_

4. \_\_\_\_\_

Event 17 – 400 Open Relay - **No swimmer can swim more than one relay in this event.**

**MEDLEY RELAY**

# of relay teams : \_\_\_\_\_ (optional to complete names at this time)

‘A ‘ Mixed Medley Relay :

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

‘B’ All Male Medley Relay :

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

‘C’ All Female Medley Relay

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

**FREESTYLE RELAY**

# of relay teams : \_\_\_\_\_ (optional to complete names at this time)

‘A ‘ Mixed Free Relay :

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

‘B’ All Male Free Relay :

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

‘C’ All Female Free Relay

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_