

MILTON MASTERS AQUATIC CLUB

9th Annual

SPRING SPLASH

DATE: Sunday March 5, 2006

DEADLINE: Friday February 17, 2006

PLACE: Milton Leisure Centre
1700 Main St E
Milton

MEET MANAGER: Rich Davis
Tel # 905-854-6288
e-mail joker@ican.net

We are pleased to invite you to our 9th Annual "Gender Neutral" swim meet.
All swims will be seeded by times only (men & women swim together according to entry times).

Warm-Up: 7.30 a.m.
Start: 8.30 a.m.

ORDER OF EVENTS

- | | | |
|----|---|---|
| 1 | 400m Free only * | |
| 2 | 200m Medley Relay (Women's) | Deck entry: Further instruction at meet |
| 3 | 200m Medley Relay (Men's) | Deck entry |
| 4 | 100m Free | |
| 5 | 200m I.M | |
| 6 | 50m Back | |
| 7 | 100m Breast | |
| 8 | 50m Fly | |
| 9 | 200m Free (NO Fly, Back, Breast or I.M's) | |
| 10 | 100m Back | |
| 11 | 50m Breast | |
| 12 | 100m Fly | |
| 13 | 100m I.M | |
| 14 | 200m Open (Fly, Back or Breast) | |
| 15 | 50m Free | |
| 16 | 200m Free Relay (Women's) | Deck entry |
| 17 | 200m Free Relay (Men's) | Deck entry |
| 18 | 400m I.M ** | |

* - may be swum two per lane, limited to a maximum of four (4) heats

** - to a maximum of four (4) heats, (time permitting)

FEE: \$25.00: includes both individual & relay events
MAXIMUM OF SIX (6) EVENTS PER PERSON (not including relays)
Deck entries may be accepted, at a cost of \$30.00, until 7.30 a.m.
on the day of the meet, at the discretion of the meet manager.

FACILITIES: 25 metre, 6 lane pool, Sauna & whirlpool available

AWARDS: Ribbons for first, second & third place in each age group.

SOCIAL: Refreshments will be served after the meet in the gym.

ENTRIES: Please submit entries on attached grid sheet by Friday February 17, 2006.

SANCTIONED BY MASTERS SWIMMING ONTARIO