

**MILTON MASTERS AQUATIC CLUB**

**8th ANNUAL  
SPRING SPLASH**

**SUNDAY MARCH 6, 2005**

# MILTON MASTERS AQUATIC CLUB

## 8th Annual

### SPRING SPLASH

**DATE:** Sunday March 6, 2005

**DEADLINE:** Friday February 25, 2005

**PLACE:** Milton Leisure Centre  
1700 Main St E  
Milton

**MEET MANAGER:** John Mayes  
Tel # 905-878-1473  
e-mail jaymayes@look.ca

We are pleased to invite you to our 8th Annual "Gender Neutral" swim meet.  
All swims will be seeded by times only (men & women swim together according to entry times).

Warm-Up: 7.30 a.m.  
Start: 8.30 a.m.

#### ORDER OF EVENTS

- 1 400m Free only \*
- 2 200m Medley Relay (Women's)
- 3 200m Medley Relay (Men's)
- 4 100m Free
- 5 200m I.M
- 6 50m Back
- 7 100m Breast
- 8 50m Fly
- 9 200m Free (**NO** Fly, Back, Breast or I.M's)
- 10 100m Back
- 11 50m Breast
- 12 100m Fly
- 13 100m I.M
- 14 200m Open (Fly, Back or Breast)
- 15 50m Free
- 16 200m Free Relay (Women's)
- 17 200m Free Relay (Men's)
- 18 400m I.M \*\*

\* - may be swum two per lane, limited to a maximum of four (4) heats

\*\* - to a maximum of four (4) heats, (time permitting)

**FEE:** \$25.00: includes both individual & relay events  
**MAXIMUM OF SIX (6) EVENTS PER PERSON**  
Deck entries may be accepted, at a cost of \$30.00, until 7.30 a.m.  
on the day of the meet, at the discretion of the meet manager.

**FACILITIES:** 25 metre, 6 lane pool, Sauna & whirlpool available

**AWARDS:** Ribbons for first, second & third place in each age group.

**SOCIAL:** Refreshments will be served after the meet in the gym.

**ENTRIES:** Please submit entries on attached grid sheet by Friday February 25, 2005.

**SANCTIONED BY MASTERS SWIMMING ONTARIO**