

MILTON MASTERS AQUATIC CLUB



**6th ANNUAL
SPRING SPLASH**

SUNDAY MARCH 23, 2003

MILTON MASTERS AQUATIC CLUB

6th Annual

SPRING SPLASH

DATE: Sunday March 23, 2003

DEADLINE: Friday March 14, 2003

PLACE: Milton Leisure Centre
1700 Main St E
Milton

MEET MANAGER: Donna Baron-Meier
Tel # 905-824-9478
e-mail meiers@sympatico.ca

We are pleased to invite you to our 6th Annual "Gender Neutral" swim meet.
All swims will be seeded by times only (men & women swim together according to entry times).

Warm-Up: 7.30 a.m.
Start: 8.30 a.m.

ORDER OF EVENTS

1. 400m Free only *
2. 200m Medley Relay (Women's)
3. 200m Medley Relay (Men's)
4. 100m Free
5. 200m I.M
6. 50m Back
7. 100m Breast
8. 50m Fly
9. 200m Free (**NO** Fly, Back, Breast or I.M's)
10. 100m Back
11. 50m Breast
12. 100m Fly
13. 100m I.M
14. 200m Open (Fly, Back or Breast)
15. 50m Free
16. 200m Free Relay (Women's)
17. 200m Free Relay (Men's)
18. 400m I.M **

* - may be swum two per lane, limited to a maximum of four (4) heats

** - to a maximum of four (4) heats, (time permitting)

FEE: \$25.00: includes both individual & relay events
MAXIMUM OF SIX (6) EVENTS PER PERSON
Deck entries may be accepted, at a cost of \$30.00, until 7.30 a.m.
on the day of the meet, at the discretion of the meet manager.

FACILITIES: 25 metre, 6 lane pool
Sauna & whirlpool available

AWARDS: Ribbons for first, second & third place in each age group.

SOCIAL: Refreshments will be served after the meet in the gym.

ENTRIES: Please submit entries on attached grid sheet by Friday March 14, 2003.
Cheques payable to MMAC

SANCTIONED BY MASTERS SWIMMING ONTARIO