

# MSO Recorder SCM Relay Records

72 to 99    100 to 119    120 to 159    160 to 199    200 to 239    240 to 279    280 to 319    320+

**Women**

|                  |          |          |          |          |          |          |         |  |
|------------------|----------|----------|----------|----------|----------|----------|---------|--|
| 200 Free Relay   | 1:57.52  | 1:53.04  | 1:53.08  | 1:58.21  | 2:11.23  | 2:30.92  | 3:04.00 |  |
| 400 Free Relay   | 4:19.39  | 4:11.79  | 4:20.37  | 4:23.62  | 4:53.25  | 6:08.47  |         |  |
| 800 Free Relay   | 9:17.79  | 9:10.40  | 9:51.48  | 10:14.10 | 10:52.95 | 13:34.34 |         |  |
| 200 Medley Relay | 2:13.94  | 2:06.78  | 2:02.77  | 2:10.17  | 2:31.34  | 2:52.04  | 3:32.27 |  |
| 400 Medley Relay | 4:51.32  | 4:36.85  | 4:51.37  | 5:02.65  | 5:33.06  | 6:54.83  |         |  |
| 800 Medley Relay | 12:29.50 | 10:45.30 | 10:48.65 | 12:01.83 |          |          |         |  |

**Men**

|                  |         |          |         |          |          |          |          |         |
|------------------|---------|----------|---------|----------|----------|----------|----------|---------|
| 200 Free Relay   | 1:39.69 | 1:37.76  | 1:36.87 | 1:39.56  | 1:42.46  | 2:00.71  | 2:23.09  | 3:14.50 |
| 400 Free Relay   | 3:38.41 | 3:41.56  | 3:46.47 | 3:39.41  | 4:11.76  | 4:37.87  | 5:40.08  |         |
| 800 Free Relay   | 8:09.40 | 8:34.07  | 8:31.61 | 8:17.17  | 9:18.12  | 10:48.74 | 14:56.31 |         |
| 200 Medley Relay | 1:52.19 | 1:51.68  | 1:50.90 | 1:51.00  | 1:53.96  | 2:20.45  | 2:45.58  | 3:40.83 |
| 400 Medley Relay | 5:54.50 | 4:06.31  | 4:13.27 | 4:11.85  | 4:33.14  | 5:33.70  | 6:22.64  |         |
| 800 Medley Relay |         | 10:01.05 | 9:47.97 | 10:35.65 | 11:04.56 | 14:20.17 |          |         |

**Mixed**

|                  |          |          |          |         |          |          |          |         |
|------------------|----------|----------|----------|---------|----------|----------|----------|---------|
| 200 Free Relay   | 1:48.42  | 1:44.33  | 1:44.96  | 1:47.21 | 1:53.28  | 2:10.18  | 2:35.86  | 3:20.84 |
| 400 Free Relay   | 4:06.93  | 3:48.51  | 3:57.31  | 4:03.19 | 4:13.46  | 4:46.29  | 6:00.26  |         |
| 800 Free Relay   | 9:05.95  | 8:35.35  | 8:38.18  | 9:37.92 | 10:11.63 | 11:05.29 | 13:36.67 |         |
| 200 Medley Relay | 2:00.28  | 1:54.82  | 1:59.60  | 1:58.52 | 2:09.76  | 2:32.47  | 3:02.22  | 3:58.84 |
| 400 Medley Relay | 4:30.16  | 4:09.14  | 4:23.25  | 4:33.36 | 4:42.76  | 5:40.93  | 6:52.55  |         |
| 800 Medley Relay | 10:29.56 | 11:06.71 | 10:22.31 |         | 12:10.89 | 13:17.96 |          |         |