

Making Waves with the Thunder Rays Swim Meet

- Date:** November 8th, 2008
- Time:** Warmup: 1:00 pm Start: 1:30 pm
- Location:** Canada Games Complex – Thunder Bay
- Host Club:** Thunder Rays Masters Swim Club
- Facilities:** 8 lane Olympic sized pool 25 x75 m and divided into 3 sections;
Meet will be within the middle section, and will occupy 6 lanes;
Swirl pool on pool deck with hot tubs and saunas in the appropriate
Men's or Women's facilities;
Men's, Women's and Family change rooms are all wheelchair
accessible and equipped with day use lockers.
YOU MUST BRING YOUR OWN LOCK!!!!
- Rules:** Meet sanctioned by Masters Swim Ontario. All appropriate rules
will be in effect. All swimmers must be registered with MSO or
with their appropriate Provincial or State Masters / Sports
Organization
- Age Groups:** Individual Events ~ 18-24; 25-29;75-79; increasing in 5
year increments
- Relay Events ~ 72-99; 100-119; 120-159; 160-199; increasing in
40 year increments
- Entry Limits:** Swimmers may enter a maximum of 5 events, not including relays
- A swimmer may not compete more than once per relay or
individual event
- Deck entries will be accepted as exhibition swims (to fill empty
lanes only!)
- New heats will not be created
- Meet Management reserves the right to combine events to provide
the best experience for swimmers

Awards: There will be at least 2 “bell races” where after the race has started a bell will ring indicating that the person placing at a pre-determined place will receive a prize

Suitable (and possibly unsuitable!) prizes will be awarded to teams and individuals during the Banquet/Social after the races in the afternoon

Banquet/Social: A dinner and social will be provided to those who purchase tickets with their registration – **Fox and the Hedgehodge in the Travelodge Hotel (see map for location).**

Electronic Entries: Clubs are encouraged to enter electronically using the Hy-Tek program. Meet event download will be available by e-mail. Please submit entries to Erin Banton at forestry1@hotmail.com.

Electronically Mailed Entries: Can be sent to Erin Banton at forestry1@hotmail.com

Mailed Entries: Can be mailed to:
Thunder Rays Masters Swim Club
C/O Canada Games Complex
420 Winnipeg Ave
Thunder Bay, ON P7B 6B7

Entry Deadline: October 29th, 2008

Entry Fees: MSO Fee - \$2.00/swimmer
Individual Events - \$5.00/event
Relays - \$8.00/team (\$2.00/swimmer)
Buffet Dinner - \$25.00/person

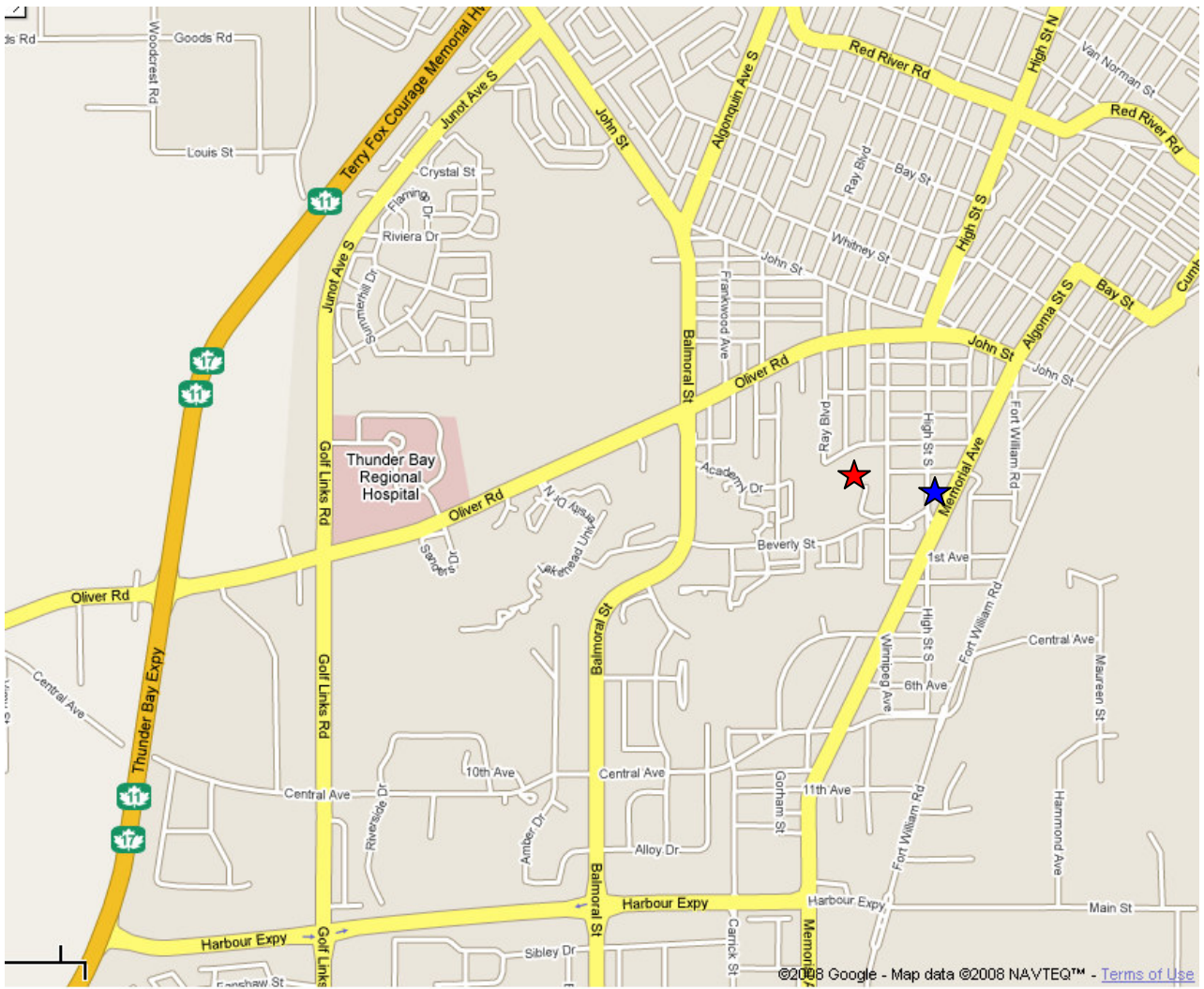
Package deal (\$50.00) includes all swimmer fees, up to 5 events, participation in relays and a ticket to the banquet (buffet dinner)

Entry Fees Payable to: Thunder Rays Masters Swim Club

Meet Manager:	Erin Banton Canada Games Complex 420 Winnipeg Ave Thunder Bay, ON P7B 6B7 807-768-2339 forestry1@hotmail.com	Carla Labelle Canada Games Complex 420 Winnipeg Ave Thunder Bay, ON P7B 6B7 807-577-9351 cblabelle@shaw.ca
----------------------	--	---

Hotel Information: A block of 15 double rooms have been reserved for November 7th and 8th at the Travelodge Thunder Bay. Please quote G00017-89 when making your reservation to guarantee the flat rate of \$95.00 + tax / night for up to 4 people in a room. Bookings must occur by November 1st. This rate includes a continental breakfast of fruit, yogurt, hard boiled eggs, hot/cold cereals, bagels, muffins, juice, coffee and tea from 6:00 am to 10:00 am daily. There are 2 restaurants on site, a pool, sauna and fitness center. This motel is only a 5 minute walk from the pool.

Travelodge Thunder Bay
450 Memorial Avenue,
Thunder Bay, ON P7B 3Y7
(807) 346-2343



- ★ Indicates the Canada Games Complex
- ★ Indicates the Travelodge Thunder Bay

Making Waves with the Thunder Rays Swim Meet Individual Entry Form

Name _____ Age _____ Birthday _____
 Address _____
 Club _____ MSO # _____
 E-mail _____

Female Events	Stroke	Male Events	Entry Time	Cost
1A – 400 Freestyle 1B – 400 IM	400 Freestyle 400 IM	2A – 400 Freestyle 2B – 400 IM		
3	200 Mixed Freestyle Relay	3		
5	25 Backstroke	6		
7	25 Butterfly	8		
9A–200 Freestyle 9B–200 Backstroke 9C-200 Breaststroke 9D-200 Butterfly	200 Choice*	10A–200 Freestyle 10B–200 Backstroke 10C-200 Breaststroke 10D-200 Butterfly		
11	100 Freestyle	12		
13	50 Breaststroke	14		
15	200 IM	16		
17	100 Backstroke	18		
19	50 Butterfly	20		
21	100 Fun Relay ** (2 men/2 women per team)	21	N/A	
15 minute break				
23	100 Breaststroke	24		
25	100 Butterfly	26		
27	50 Freestyle	28		
29	25 Freestyle	30		
31	25 Breaststroke	32		
33	50 Backstroke	34		
35	100 IM	36		
37	200 Mixed Medley Relay	37		

* Circle the event and stroke that you will do during this swim.

** Fun relay is a wet t-shirt relay, where shirts will be provided. Each swimmer must have their head and arms through the shirt and swim 25m freestyle followed by the successful transfer of the same wet shirt to the next swimmer in the relay. Swimmers must push off the wall once the shirt is completely on, failure to do so will result in that relay team not being eligible for the Fun Relay prize. A prize will be awarded to each swimmer on the winning team. This is a timed event.

Making Waves with the Thunder Rays
Swim Meet
 Relay Entry Form

Event Number:	Event:	Total Relay Age:
Team Name:	Club:	Entry Time:
Swimmer 1:	Age ~	
Swimmer 2:	Age ~	
Swimmer 3:	Age ~	
Swimmer 4:	Age ~	

Event Number:	Event:	Total Relay Age:
Team Name:	Club:	Entry Time:
Swimmer 1:	Age ~	
Swimmer 2:	Age ~	
Swimmer 3:	Age ~	
Swimmer 4:	Age ~	

Event Number:	Event:	Total Relay Age:
Team Name:	Club:	Entry Time:
Swimmer 1:	Age ~	
Swimmer 2:	Age ~	
Swimmer 3:	Age ~	
Swimmer 4:	Age ~	

Event Number:	Event:	Total Relay Age:
Team Name:	Club:	Entry Time:
Swimmer 1:	Age ~	
Swimmer 2:	Age ~	
Swimmer 3:	Age ~	
Swimmer 4:	Age ~	

Making Waves with the Thunder Rays
Swim Meet
Team Entry Form

Team _____ **Code** _____
Team Contact _____
Phone _____ **Fax** _____
E-mail _____
Total Number of Participating Swimmers: Female _____ **Male** _____
Total Number of Relay Teams: Mixed _____ **Female** _____ **Male** _____
Total Number of Banquet Tickets Required: _____
Total \$ Owing: \$ _____ (cheques payable to Thunder Rays Masters
Swim Club)

Please mail your entry fees to:

Canada Games Complex
Thunder Rays Masters Swim Club
420 Winnipeg Ave
Thunder Bay, ON P7B 6B7

ENTRY DEADLINE: Wednesday October 29, 2008