

2004 CANADIAN MASTERS SWIMMING CHAMPIONSHIP



MASTERS MAÎTRES CANADIAN SWIMMING CHAMPIONSHIP NATATION CHAMPIONNAT CANADIEN **EDMONTON CANADA** **2004**

May 21-24, 2004

The Edmonton area Masters Clubs and Swim Alberta are proud hosts of the 2004 Canadian Masters Swimming Championship, (LCM), May 21-24, 2004 at the Don Smith Pool, part of the Kinsmen Sport Centre. We are looking forward to this great event and to your participation in it.

Honorary Chair:

Jack Agrios

Chairperson:

Ollie Currie, geoip@shaw.ca

Hosts:

Edmonton Masters, Making Waves, Penguin/U of A Masters, St. Albert Masters, Swim Alberta

General Contact:

Swim Alberta, 11759 Groat Road, Edmonton, Alberta, T5M 3K6
Tel.: 780 415-1780, Fax: 780 415-1788, Email: office@swimalberta.ca

Facility:

Don Smith Pool, Kinsmen Sport Centre
900 Walterdale Hill, Edmonton, Alberta, Canada

The Don Smith Pool boasts a 10-lane 50m-competition tank, and up to 18 25m lanes. Competition will be in the 50m pool, there will be continuous warm-up/warm-down in adjacent 25m pool. Electronics provided by Omega Swiss-Timing.

Web site address:

We invite you to surf our site regularly as more updates will be added. <http://members.shaw.ca/nationals>

Meet Registration package

The full Meet Registration packages will be posted on MSC Web Site and posted on the meet website at <http://members.shaw.ca/nationals>, also supplied to USMS, European Masters bodies and FINA Masters for their websites.

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Contacts:

	Name	Email	Phone	Fax
<i>Registration</i>	Colin Beattie	office@swimalberta.ca	780 435-7946	780 415-1788
<i>Social:</i>	Debbie Floyd	dleefloyd@hotmail.com	780 450-8793	780 450-8793
<i>Accommodation:</i>	James Hood	jameshood@swimalberta.ca	780 435-7946	780 415-1788
<i>Merchandise:</i>	Tim Floyd	floyd_tim@hotmail.com	780 450-8793	780 450-8793
<i>Meet manager</i>	Jens Lentzen	jens@milltech-group.com	780-443-3232	780 488-6655
<i>Official's reps:</i>	Denis Robertson	drobot2@telusplanet.net	780 962-4509	780 484-0784
<i>Medical:</i>	Leigh Garvie	leighgarvie@hotmail.com	780 418-1298	
<i>Media:</i>	Bob McRory	jbmcrory@telusplanet.net	780 456-4015	

SCHEDULE

Friday, May 21, 2004

2:00 p.m. Warm-up, 2:45 p.m. Official Opening 3:00 p.m. Start
200m back,
100m fly,
50m breast,
800m free

Saturday, May 22, 2004

8:00 a.m. Warm-up, 9:00 a.m. Start
400m free,
4 x 50m free relay,
200m fly,
100m breast,
200m I.M.

Sunday, May 23, 2004

8:00 a.m. Warm-up, 9:00 a.m. Start
200m free,
4 x 100m medley relay,
100m back,
200m breast,
50m fly,
100m free,
400m I.M.

Monday, May 24, 2004

8:00 a.m. Warm-up, 9:00 a.m. Start
50m free,
50m back,
1500m free,
4 x 50m medley relay,
4 x 100 free relay

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MEET INFORMATION

General Waiver:

All Championship participants (i.e. Swimmer, Coaches, Officials) agree to have read and understand the following waiver:

,I intending to be legally bound, hereby certify that I have not been restricted by a doctor for a medical condition and that I am aware of all the risks inherent in Masters swimming, including possible disability or death, and agree to assume all those risks. I hereby waive any and all rights to claims for loss or damage arising out of participating in this masters meet and any activities incident thereto or against SNC, Master's swimming Canada, Swim Alberta, the hosting clubs or organizations, the meet directors or coordinators, or any individuals officiating at the meet supervising such activities as a condition of my participation in this Masters swim meet.

Meet Registration & Information Desk:

Meet packages must be picked up by a team representative for the entire team and will be available at the Registration desk at the pool. All swimmers must register for the meet before they can swim. The registration on Thursday and Friday will take place at station #1 as per attached sketch. Please double check the Championship website prior to your departure for the latest updates.

Station 1: All swimmers

Registration prior to competing.

Station 2: Unattached swimmers, coaches or club representatives

Receive heatsheet(s) & meet information.

Hand-in scratches.

N.B. Daily heatsheets are available on pool deck Saturday, Sunday & Monday.

Station 3: All participants

Pick up participation trophy & gift bag

Receive merchandise & pre ordered social tickets.

Last minute social tickets might be also available at that station.

Station 4: All interested Masters member

This is the information station of Masters Swimming Canada. Open Saturday and Sunday.

Registration times (Stations 1 - 3):

Thursday, May 20	4:00pm to 10.30pm
Friday, May 21	12:00pm to End of session
Saturday, May 22	7:30am to 2:00pm
Sunday, May 23	7:30am to 2:00pm
Monday, May 24	7:30am to 2:00pm

The registration office on Thursday and Friday will be on the upper pool level (Stands). The entrance is located on the right hand side of the regular entrance and will be signed.

The registration office on all other days will be on deck. Use the regular entrance.

After this times an Information Desk only will be open at the Clerk of Course. Meet registration will not take place during this time.

Daily updates will be announced and posted.

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Parking:

Parking is limited at the facility and extra or preferential parking spaces are not available. Furthermore other parts of the facility are also occupied. Please arrange drop off/pickup or carpooling.

Open Practice:

An open practice on Thursday evening from 8:00pm to 10:00pm is arranged and available free of charge. This includes the entrance to the facility. Space is limited and will be filled on a 'First reservation - First serve' base. Contact the meet manager to book time. Occupied lanes might be combined. All regular facility and safety rules apply for the practice time (i.e. NO diving). There will be no open practice on Friday prior to the warm-up.

Swimmers with a Disability (SWAD):

Edmonton will include events for SWAD. SWAD must have been classified under the International Paralympic Committee's classification system for swimmers with a disability. Swimmers may be classified either under the functional system (classes S1-S10, SB1-SB9, SM1-SM10) or for the visually impaired (classes S11-S13, SB11-SB13, SM11-SM13). The technical rules for swimmers with a disability from IPC Swimming will be applied.

Events for swimmers with a disability will be truly integrated (No separate events due to the different classifications) with the events for able-bodied and swimmers will race regardless of the classification and age, although they will be seeded as per seeding section and separated for the results. All event distances are open to SWAD and all events will be awarded. There will be no independent relays for swimmers with a disability. Swimmers should include their classification in their entries and indicate that they are competing as a swimmer with a disability.

There will be no classification available at this competition.

Warm-up Rules:

General Rules:

MSC Warm-up Rules will govern the warm-up session. The rules will be posted during the meet and apply also to the West warm-up pool and the open practice. There shall be No Diving during all warm-up's/practices except during the supervised time when the regular warm-up is in the competition tank. Swimmers entering the pool have to ensure not to endanger other swimmers and it shall be feet first with one hand on the wall.

Use of paddles or fins is not permitted at any time. There will be Safety Marshall's during the warm-up in the competition tank and swimmers are reminded to follow their instructions.

Warm-up in Competition tank:

Warm-up starts one hour prior to the competition start and will be 45 minutes long. A Safety Marshall will open diving lanes 20 minutes prior to the end of the warm-up. Swimming is only allowed in one direction. Swimmers shall leave the pool at the other end. All lane assignments are referred to the East end of the pool.

2 Diving lanes will be opened for forward starts (Lane 1 + 10)

1 Diving lane will be opened for back starts only. The next swimmer is allowed to enter the lane after the previous swimmer has left the block. (Lane 9)

1 Pace lane will be opened at the times as the Diving lane. There shall be NO DIVING in the Pace lane and the lane should be used for speed swimming (sprints) only. Circular swimming is allowed but no drills or equipment is permitted.

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Warm-up in West 25m Pool:

The West warm-up pool will be opened during the entire competition (6 Lanes/25m) and marked as a warm-up pool. Swimmers are reminded to use only this designated pool and not the East side. The east side is still open to the public.

Eligibility:

The Championship is open to registered Masters swimmers at least 18 years old as of May 21, 2004. Age as of December 31, 2004 will determine age groups. Swimmers registering prior to their 18 birthday shall have a parent or guardian signing the registration form.

Canadian entrants shall indicate registration number and club affiliation or their status as an unattached swimmer on the entry form. The Canadian provincial registrars will submit their provincial registration list (Including name, registration number & DoB) to the Canadian Championship meet manager by the entry deadline.

Foreign swimmers must have proof of affiliation with their respective Masters organization and FINA. This could be a photocopy of the registration card or a letter from their Masters organization.

Awards:

All participants will receive a participation trophy. Swimmers finishing in the top ten and relay team members in the top three will receive engraved plaques for the trophies. Awards must be picked up at the meet or will only be mailed out if a self addressed and stamped envelope is provided. The award table will be open daily from 2:00pm to 6:00pm and awards for previous day(s) can be picked up. Location will be Station 2.

Rules and Seeding:

The new MSC Rules, Procedures and Guidelines will govern this competition.

All events shall be swum by gender, slowest to fastest, according to entry time. Depending on the entries received the Meet Management reserves the right to seed some events by age and gender.

Double laned events:

400m, 800m and 1500m freestyle events may be swum with two swimmers per lane. All swimmers must wear a special colored cap provided by the timers for easy separation of the swimmers. A staggered start will be used to give every swimmer the chance to start on the block. The first swimmer shall stay in the left side of the lane. The second swimmer shall use the right side of the lane.

Double-ended events:

Events may be double ended depending on entries. Double ending has no effect on the individual swim. As an example swimmer A in Event 1, Heat 1, Lane 1 starts at the west end of the pool and swims his/her race. When swimmer A is on the last 25m before the finishing touch swimmer B event 1, heat 2, lane 1 will be starting on the east side of the pool. Swimmers will NOT share one lane for their race.

Further Rules/procedures of double-ended events will be include in the meet information package and posted during the meet.

800m & 1500m:

These events will be pre seeded including the received scratches. Swimmers shall check-in with the clerk of course 60 minutes prior to the event. The event might be re-seeded depending on missing swimmers. The check-in will be posted as per Marshalling section. Lap counter can be used but the swimmer has to provide a person operating the counter.

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The MSC False Start Rule will be in effect. Swimmers are reminded that an intentional false start will result in disqualification for delay of meet. This disqualification is a matter of fact and cannot be protested.

The organizing committee reserves the right to combine heats.

Age Groups:

The age groups are changed to confirm with the new MSC rules.
18-24, 25-29, 30-34, and thereafter-in increments of 5 years.

Relays:

Relays will be grouped by cumulative swimmer age using the following increments; 72-99, 100-119, 120-159, and thereafter-in increments of 40 years. All relay events are open to gender or mixed teams. A mixed relay team consists of two men and two women. No swimmer may swim more than once in any relay event. Each club must indicate the number of relay teams entered in each event.

The age group, names, ages and order of team members for each relay team must be submitted to the relay clerk of course prior to the end of the previous day's session. Entry cards will be included in the daily meet packages.

Changes in the age group are not allowed after the deadline.

Changes in swimmers and/or order of swimmers shall be announced to the Head Lane Timer prior to the start of the heat.

Scratches:

All participants are encouraged to inform the Clerk of Course about scratches from themselves or teammates as soon as possible. The seeding for the day will be done the prior evening and scratches received before the deadline will be included.

Deadlines:

Friday Session: Friday, 12:30pm

Saturday Session: Friday, 4:00pm

Sunday Session: Saturday, 4:00pm

Monday Session: Sunday, 4:00pm

There is no penalty for scratches.

Marshalling/Clerk of Course :

The meet management will supply a marshalling team to provide a fair and smooth running meet.

Swimmers shall 'check-in' with the Clerk of Course to ensure they are swimming in the correct heat and on the correct side of the pool (Double laned). The referee will not hold the meet if a swimmer fails to attend at the correct time of their heat or if the swimmer is not in the marshalling area. Events and heats marshalled will be posted on white boards in the marshalling area.

Splits:

The 50m splits may not be recorded for events that are double ended.

Requests for an official split for a 50m distance will not be accepted.

Provincial, National, Foreign & World Records:

Swimmers who are potentially going for one of the above records are asked to inform the Meet Management prior to the swim and to have a copy of passport or birth certificate available for age certification with the record application (World & Foreign Records only).

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Foreign swimmers who have the potential of setting foreign records (not including World records) should supply the meet management with all applicable record lists from their country, required documents (i.e. age certification) and record application forms/procedures applying to them.

FINA records can only be set by swimmers at least 25 years old as of December 31, 2004.

FINA relay records starts at the 100-119 age group (all swimmers must be at least 25 years old as of December 31, 2004) and then go in 40 year increments i.e. 120-159, 160-199, etc. Only the 4 x 50 relay records are recognized by FINA as World records.

Protest of a Disqualification:

Only affected swimmers/coaches have the right to protest a Disqualification (DQ). The protest has to be in writing and handed over to the meet referee within 30 minutes after the official notification of the DQ. Results for the event under protest will be held back until a decision is reached.

Entries:

Swimmers may swim a maximum of seven (7) individual and four (4) relay events. In order to run an efficient meet entry times are required for all events (NT's are not permitted). Prove of time is NOT REQUIRED. Coaches and/or swimmers are asked to make a best educated guess of entry time if needed.

Entries can be submitted using hard copies, Hy-tek file or email. Electronic entry versions don't require hard copies but fees must be received as per fee section. Teams/swimmers entering via electronics are reminded to read the General Waiver' section above and to inform their swimmers.

Please include an email address with all entries so that your entries can be emailed back for the verification of information prior to the meet. Please contact the registration office if the confirmation email hasn't arrived after one week of submission.

Hy-tek entries are the preferred method for the submission of entries.

Electronic Entries:

office@swimalberta.ca

Mailed entries to:

2004 Canadian Masters Swimming Championship
Swim Alberta, 11759 Groat Road, Edmonton, Alberta, T5M 3K6

Electronic entries must be submitted on Hy-tek Team Manager file. A free "lite" version of Hy-tek can be downloaded from their website (<http://www.hy-tek.com/downloads.html>) or a Program CD can be requested (<http://www.hy-tek.com>). Hard copy entries for individual or relay entries must be on the entry forms enclosed with the meet package.

Facsimile entries will not be accepted.

Entries and fees must be received on or before April 26, 2004. Late entries will not be accepted. There will be no deck entries.

Fees:

Entries submitted using Hy-tek are \$35 per swimmer plus \$6 per individual event. Entries submitted by mail are \$40 per swimmer plus \$6 per individual event. All relay entries are \$10 per relay team. Fees should be payable in Canadian dollars and cheques and money orders should be payable to 'Swim Alberta – 2004 CMSC'. Post-dated cheques will not be accepted. Swimmers should indicate their name and club on all cheques or money orders. Fees may also be paid by VISA if the name of the cardholder, full account number and expiration date are provided. No entry will be considered final until payment has cleared.

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Results:

Event results will be posted on deck after finalization from the meet referee. The post location is the south wall on the second level. Estimated publishing time is 1 hour after the event.

Query of times shall be in writing using the form provided in the meet package. The request can only be submitted by the effected swimmer, coach or club representative.

Electronic copies of the complete results will be posted in word format and Hy-Tek file. Paper copies of results are available at a cost of \$25.00 per copy. Include your order on your Entry Form, or submit it at the registration desk during the meet. Results for SWAD swimmers will be separated.

SOCIAL:

Come join your fellow competitors and teammates for an evening filled with fun, food and laughter, Saturday, May 22, 2004 at the Kinsmen Sports Centre (2-3 minutes walking distance of the pool). Tickets are \$30.00 each and must be ordered in advance on the entry form attached. Guests are welcome.

All social tickets will be available for pick-up upon registration. Any questions please contact: Debra Lee-Floyd at: flimtoyd@telusplanet.net.

ACCOMMODATION:

For hotel information see the "Hotel Information".

For car rental/transportation information see the "Transportation Information".

For sponsor and support restaurants see "Restaurant Information", that will be handed out at the meet registration.

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Meet Registration

Name: _____	
Address: _____	
City: _____	Province/State: _____
Country: _____	Postal Code: _____
Phone: _____ (Home)	_____ (Work)
E-mail: _____	
Birth Date: _____	
Team: _____	Team Abbreviation: _____
Sex: <input type="checkbox"/> Female <input type="checkbox"/> Male	Registration Number: _____
Classification (SWAD swimmers only): <input type="checkbox"/> S ____ <input type="checkbox"/> SB ____ <input type="checkbox"/> SW ____	

Friday, May 21, 2004 (Note: Individual Entry is limited to seven (7) events)

Entry time	Entry time	Entry time	Entry time
1./2. 200m Back	3./4. 100m Fly	5./6. 50m Breast	7./8. 800m Free

Saturday, May 22, 2004

9./10. 400m Free	11. 4 x 50m Free	See Relay Form	13./14. 200m Fly	15./16. 100m Breast
17./18. 200m I.M.				

Sunday, May 23, 2004

19./20. 200 m Free	21. 4 x 100m Medley	See Relay Form	23./24. 100 m Back	25./26. 200m Breast
27./28. 50m Fly	29./30. 100 m Free		31./32. 400m I.M.	

Monday, May 24, 2004

33./34. 50m Free	35./36. 50m Back	37./38. 1500m Free	39. 4 x 50m Medley	See Relay Form
41. 4 x 100m Free	See Relay Form			

Waiver

I, the undersigned, intending to be legally bound, hereby certify that I have not been restricted by a doctor for a medical condition and that I am aware of all the risks inherent in Masters swimming, including possible disability or death, and agree to assume all those risks. I hereby waive any and all rights to claims for loss or damage arising out of participation in this masters meet or any activities incident thereto or against SNC, Master's Swimming Canada/Maitres Nageurs Canada, Swim Alberta, the hosting clubs or organisations, the meet directors or coordinators, or any individuals officiating at the meet or supervising such activities as a condition of my participation in this Masters swim meet.

Signature: _____ Date: _____

Fees:

Meet Registration: (Hy-Tek \$35.00/Other \$40.00) = _____

Individual Event: _____ event(s) × \$6.00 = _____

Results: _____ copy(ies) × \$25.00 = _____

'Banquet': _____ ticket(s) × \$30.00 = _____

Total: _____

Payment method (payable to *Swim Alberta*, cheques should be made out to *Swim Alberta – 2004 CMSC*)

Money order: ? Personal cheque: ? VISA: ?

Card Number: _____

Expiry date (mm/yy): _____

Name on the card: _____

Mail to: Swim Alberta., 11759 Groat Road, Edmonton, Alberta, T5M 3K6

Tel.: 780 415-1780

Email: office@swimalberta.ca

http://members.shaw.ca/nationals

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Relay Registration

Team : _____

Team Contact: _____ Team Abbreviation: _____

	Number of Teams		Number of Teams
11. 4 x 50m Free Relay	_____	21. 4 x 100m Medley Relay	_____
39 4 x 50m Medley Relay	_____	41. 4 x 100m Free Relay	_____

(Note: Relay Entry per swimmer is limited to four (4) events. All swimmers in relays must be individually registered at this meet. Clubs may enter teams that are male, female or mixed in each event. No swimmer may swim more than once in any relay event)

Fees:

Relay Event: _____ event(s) × \$10.00 =

Results: _____ copy(ies) × \$25.00 =

Total : _____

Payment method (payable to *Swim Alberta*, cheques should be made out to Swim Alberta – 2004 CMSC)

Money order: ? Personal cheque: ? VISA:?

Card Number: _____

Expiry date (mm/yy): _____

Name on the card: _____

Mail to: Swim Alberta., 11759 Groat Road, Edmonton, Alberta, T5M 3K6

Tel.: 780 415-1780

Email: office@swimalberta.ca

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