Winterlude 2005 - Individual Entry Grid

Name	Age	Date of Birth	Sex	MSO Reg#		Freestyle 50 7/8	Freestyle 100 15/16	Freestyle 400 9	Backstroke 50 17/18	Backstroke 100 1/2	Breaststroke 50 5/6	Breaststroke 100 13/14	Butterfly 50 19/20	Butterfly 100 3/4	IM 200 11/12

Club Name: _____Abbreviation: _____
Contact Person:_____ Email: _____
Phone #_____Contact Address: _____ City:_____
Prov: _____Code:_____

Total Swims _____ @ $5 per swim = _____
Please make cheques payable to : NEPEAN MASTERS SWIM CLUB
Mail to : Trevor Holt, 4480 Shoreline Drive, Ottawa, ON, K1V 1S7