

North York Masters Aquatic Club PENTATHLON SWIM MEET 2002

- DATE:** Sunday, December 15, 2002
- TIME:** 7:15 a.m. – Warm-up
8:00 a.m. – Meet Begins
- PLACE:** Douglas Snow Aquatic Centre, 167 Beecroft Ave., North York.
(Near Yonge & 401). 2 lights north of Sheppard Ave. Turn left at Park Home Ave. Beecroft is the 1st street west of Yonge)
Lots of parking, prices vary from \$5.00/all day & up.
Although accessible by Subway, Sunday service commences at 9:00 a.m. TTC bus service available.
- POOL:** 50 metre, 6 lane pool.
25 metre competition pool.
25 metre continuous warm-up pool.
Free sauna and whirlpool available. Plenty of spectator seating.
- FEES:** \$20.00 – includes both individual and relay pentathlons. Indicate if this is your first Masters Swim Meet - if so, you may win a **PRIZE.**
Deck entries may be accepted at a cost of \$25.00, until 7:30 a.m. on the day of the meet, at the discretion of the meet manager.
- AWARDS:** Bell Lap prizes throughout the meet. Awards for 1st place and ribbons for 2nd and 3rd place in each age group. Awards presented during lunch.
- LUNCH:** Refreshments will be served after the meet for swimmers.
Non Competitors – Refreshments available @ \$5.00 per person payable at the door.
- RULES:** Each competitor will swim **ALL** five events. Overall winners will be determined on the basis of the fastest **TOTAL** time for the five events. If a swimmer does not swim an event then a penalty time will be assigned. Individual age groups are: 20-24, 25-29, 30-34, etc.
Penalty times will also be assigned for disqualifications. This will adversely affect the total time. Learn and obey the rules.
- RELAYS:** Pentathlon relay teams may consist of 4, 5 or 6 swimmers of which 4 will swim in any one event. Teams must swim 2 women and 2 men for the relay event. For the purpose of this meet, relay teams may consist of swimmers from any club and/or unattached swimmers. The age of the relay team is the total age of the 4 youngest swimmers. The relay age groups are: 80-99, 100-119, 120-159, 160-199, 200-239, 240-279, 280+.
- ENTRIES:** See entry form on below. If your MSO registration has not been received by December 15th, then you will not be permitted to swim. There will be no MSO registration at the meet.

NOTE:

This meet has a different format than others. There is no need to send time cards with your entry. Each event will be marshaled & seeded on the pool deck. Each swimmer will be given a time card when you sign in on the day of the meet. This card will be used to track your individual event times and you will hand this in to the meet time-keeper once you're done all five events (ie. before swimming the relays please!). Tallying the results will go much faster if swimmers bring their time cards to the time keeping station after they've swum each event. This will help us to stay on top of recording things so that we can compile results and announce winners once the meet is done.

ENTRY DEADLINE: Sunday December 8, 2002
PENTATHLON SWIM MEET 2002

North York Gators

**INDIVIDUAL
EVENTS:**

50 metre butterfly
50 metre backstroke
50 metre breastroke
50 metre freestyle
100 metre individual medley

RELAY EVENTS: 4 X 50 metre mixed freestyle relay
4 X 50 metre mixed medley relay

Cheques Payable to: North York Masters Aquatic Club

Mail entries to: Gator Pentathlon
8 Doonaree Dr.
Toronto, Ontario
M3A-1M4

Attn: Ralph Rieper
416.391.2850 (evenings)
email: nymac_info@rogers.com

Note: Registrations can be sent via email to nymac_info@rogers.com. Followed by printed versions sent along with your cheque to address above.

Telephone Enquiries: Leslie-Ann Miller – Meet Manager
905.619.0885 (evenings)
E-mail: lanmiller@aol.com

**North York Masters Aquatic Club
Pentathlon Meet (December 15th. 2002)**

Registration Form

**If your MSO registration has not been received by
December 15th, you will not be permitted to swim.**

ENTRY DEADLINE: SUNDAY DECEMBER 8, 2002

Entry Form Name: _____ **Gender:** M _____ F _____

Address: _____ **Age** as of Dec.31, 2002 _____
_____ **MSO #** _____

Phone: (H) _____ **(W)** _____

Club Name: _____ **Club Initials:** _____

Intended non-competitor luncheon guests #: _____ (**\$5.00** per person payable at door)

First Masters Swim Meet: Yes _____

Please make cheques payable to North York Masters Aquatic Club