

Notice re: new MSC Rule Book

Please be aware that as of Jan 1, 2009 the new MSC Rule Book came into effect for all pool competitions in Ontario. This covers the swimming rules and was approved by the MSC Board on Dec. 7. 2008. The new OWS Rules should be available by the spring. The new rule book only changes one rule, it eliminates the allowed false start, bringing us in line with SNC, FINA and all other national Masters organizations.

The new MSC Rule Book is, unlike previous ones, a complete rule book, it brings us up to date with all the latest changes and interpretations and most importantly, it uses the same numbering system as FINA and SNC making it much easier for officials, also coaches and swimmers, to find things.

The rule book can be found in English and French on the MSC web site, www.mymisc.ca under Competition. The printed hip pocket form used by officials will be available shortly.