



TECHNOSPORT INVITATIONAL

THEME: Invitational for Eastern Ontario and Western Quebec
Sanctioned by MSO and open to all registered Master Swimmers from 20 - 80+

DATE: Saturday, March 16, 2002

LOCATION: UNIVERSITY OF OTTAWA

TIME: 8:30 a.m. Warm-up
9:00 a.m. Start
12:30 p.m. Finish

AWARDS: RIBBONS –PLACING 1-8 for each Age Group

FREE Breakfast after swim meet

ATHLETE WAIVER & RELEASE

In consideration of the acceptance of this entry, I for myself, my executors, administrators and assigns, do hereby release and discharge the TECHNOSPORT Masters, Master Swimming Ontario and Master Swimming Canada from all claims and damages, demands and actions whatsoever in any manner arising or growing out of my participation in this event. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate.

Name: _____ MSO# _____

Or other affiliation

Address: _____ Age (as of meet): _____

City: _____ Prov: _____ Postal Code: _____

Phone: (H) _____ (W) _____

Fax: _____ e-mail: _____

Signature: _____ Date: _____

TECHNOSPORT INVITATIONAL
SCHEDULE OF EVENTS

Events Seeded by Time
Individual Events - Men & Women Mixed
Heats Swum Slowest to Fastest

Please Enter Entry Time

- 1. 200 Free.....
- 2. 50 Back.....
- 3. 100 Fly
- 4. 50 Breast.....
- 5. 50 Fly.....
- 6. 100 Breast.....
- 7. 100 Free.....
- 8. 200 I M.....
- 9. 100 Back.....
- 10. 50 Free.....
- 11. 200 Mixed Medley Relay Women.....
- 12. 200 Mixed Medley Relay Men.....

Entry Fee: \$30.00 flat fee...**LATE DECK ENTRY \$35.00**

Entries: To be filled out on SNC entry cards by Wednesday, March 6, 2002

Cheque to be made payable to:

TECHNOSPORT
1094 Castle Hill Cresc.
Ottawa, Ont. K2C 2A8

Phone: (613) 769-4204
Fax: (613) 225-5327

E-mail: info@technosport.ca

Web Site: www.technosport.ca (online registration)