



The Innovative Viking Masters Swim Meet

Events :

01. Mixed 800 Freestyle (2 per lane)
- 2A. Mixed 100 Individual Medley Eliminator – Round 1
- 2B. Mixed 100 Individual Medley Eliminator – Round 2
- 2C. Mixed 100 Individual Medley Eliminator – Round 3
- 2D. Mixed 100 Individual Medley Eliminator – Round 4
03. Mixed 50 Freestyle
04. Mixed 50 Breaststroke
05. Mixed 50 Backstroke
06. Mixed 50 Butterfly
07. Mixed 200 Open
08. Mixed 4 * 50 – 8 Year Old Masters Relay

Date : Sunday, June 01, 2003

Time :

- Warmups : 7:45 – 8:30 am
- Competition : 8:30 - 11:30 am

Location :

- Variety Village, 3701 Danforth Avenue, Scarborough
- in the triangle bounded by Danforth Avenue, Kingston Road and Birchmount Avenue

Facilities :

- 6 lane, 25 metre competition pool, 6 lane, 15 metre continuous warmup pool
- large hot tub, starting blocks, lockers (bring your own lock), lane ropes, and hot showers

Entries :

- Deadline : 10:30 pm Friday, May 23, 2003
- Fees : \$20.00 per swimmer for as many swims as you wish.
- Deck Entries : MAY be accepted until 8:15 am on the day of the meet, but keep in mind that the strict time limitation may prohibit deck entries.

The number of Swimmers is severely limited due to the time constraints.

Send in your entry NOW.

The 100 Individual Medley Eliminator :

- You can choose to swim the 100 IM Eliminator in conjunction with any or all of the other events – but the 100 IM Eliminator will be 4 separate starts
- Swimmers will be seeded as for a regular 100 IM with 4 swimmers per heat
- Entry times will be required for all entrants
- The heats will be the same for all 4 rounds of the 100 IM Eliminator – so that you will be swimming against the same 3 people for the whole set
- The slowest swimmer in Round 1 will eliminate one of the 4 strokes
- Round 2 will then be a 75 of the remaining 3 strokes
- The slowest swimmer in Round 2 will eliminate one of the 3 strokes
- Round 3 will then be a 50 of the remaining 2 strokes
- The slowest swimmer in Round 3 will eliminate one of the 2 strokes
- Round 4 will then be a 25 of the last stroke
- Total time of all 4 Rounds will determine the winner

8 Year Old Masters Relay (with apologies to the member of the Swim Ontario Board of Directors who said that Masters Swimming Ontario was acting like a bunch of 8 year olds and with thanks to Roy Smith for the idea) :

- All swimmers will put a (dry) spare suit into a large paper bag
- The meet referee will be blindfolded and randomly pick out 4 suits for each block.
- On the starters command, all swimmers must find their own suit and put it on a team-mate. This will be closely monitored by the stroke and turn judges.
- The timers will stop their watches when all of the swimmers in that lane have their suits on, are seated cross-legged on the pool deck, directly behind their block and in order of oldest to youngest.
- When everyone is seated, the relay will commence.
- The relay teams will have their deck time added to their swim time to determine the finishing order.

Awards :

- A special award will be presented to the winner of each heat of the 100 IM Eliminator
- The awards for the 8 Year Old Masters Relay will consist of plenty of embarrassing pictures splattered across the website
- Ribbons for the rest of the dull old events

The Fine Print : lunch on the patio; results within a week; bring a timer if you think you can break a record

The MSO Print :

- Sanctioned by MSO
- MSO Rules apply, whichever ones are in effect when we run the meet

Thank You :

- Dave Thompson, Referee
- Ian McCollom; Starter
- Joy Burlton, Meet Manager
- Variety Village Sunshine Swim Club for supplying the watches

Ask Me :

- Joy 416 699 8177 x 313; jburlton@varietyvillage.on.ca
- Christine 416 699 8177 x 305; charris@varietyvillage.on.ca
- Michael 416 698 2045; m.stroud@rogers.com

The Innovative Viking Masters Swim Meet

Sunday, June 01, 2003

Warmups : 7:45 am

Competition : 8:30 am

Name : _____

Phone : _____ Email : _____

Registration Number : _____ Club : _____

Gender : _____ Date of Birth : _____ (year) _____ (month) _____ (day)

Event	Entry Time
01. 800 Freestyle	
02. 100 Individual Medley Eliminator	
03. 50 Freestyle	
04. 50 Breaststroke	
05. 50 Backstroke	
06. 50 Butterfly	
07. 200 Open : specify stroke _____	
08. 8 Year Old Masters Relay	Everyone is automatically entered in this one

Cheque Amount : \$20.00

Cheque Payable to : Variety Village

Cheque Delivered to :

Innovative Viking Masters Swim Meet

Attn: Joy Burlton

Variety Village

3701 Danforth Avenue

Scarborough, Ontario

M1N 2G2



**Don't forget to make a copy of this form and
stick it on your fridge**