

WOODSTOCK MASTERS SWIM MEET 2005

SUNDAY, JANUARY 16TH, 2005

HOSTED BY: THE PIRANHA'S OF WOODSTOCK SWIM CLUB

LOCATION: THE SOUTHSIDE AQUATIC CENTRE, 315 FINKLE ST., WOODSTOCK, ONT.
MAP:

POOL: 25m SHORT COURSE, 6 LANES, SAUNA, SPECTATOR SEATING,
FREE PARKING

TIMES: **REGISTRATION:** 7:30 AM – 8:00 AM
 WARM-UP: 8:00 AM – 8:45 AM
 START: 9:00 AM
 SCRATCHES: MUST BE REPORTED BY 8:30 AM DAY OF MEET

ENTRY FEES: \$ 25.00 PER SWIMMER (UNLIMITED EVENTS), INCLUDES RELAY EVENTS
ENTRIES MUST BE RECEIVED BY JANUARY 12TH, 2005
DECK ENTRIES ALLOWED \$ 30.00 PER SWIMMER

CONFIRMATIONS SENT VIA E-MAIL, IF E-MAIL ADDRESS PROVIDED

ELIGIBILITY: REGISTERED MASTERS SWIMMERS (18 YEARS OF AGE AND OLDER)

RULES: CURRENT MSO RULES IN EFFECT INCLUDING WARM-UP PROCEDURES

SOCIAL: A SOCIAL WILL BE HELD AFTER THE MEET - INCLUDES A HOT LUNCH

SANCTIONED BY: MASTERS SWIMMING ONTARIO

EVENTS: GENDER MIXED IN ALL EVENTS – HEATS SLOWEST TO FASTEST
RESULTS WILL BE SORTED INTO FEMALE & MALE CATEGORIES

EVENT # 1	100m BACK
EVENT # 2	50m FLY
EVENT # 3	100m BREAST
EVENT # 4	50m FREE
EVENT # 5	200m MEDLEY RELAY - MIXED
EVENT # 6	400 m CHOICE

PLEASE STATE WHICH STROKE YOU WILL BE SWIMMING

INTERMISSION

EVENT # 7	100 m FLY
EVENT # 8	50m BACK
EVENT # 9	100m FREE
EVENT # 10	50m BREAST
EVENT # 11	200m CHOICE

PLEASE STATE WHICH STROKE YOU WILL BE SWIMMING

EVENT # 12	100m INDIVIDUAL MEDLEY
EVENT # 13	200m FREESTYLE RELAY - MIXED

SOCIAL

MEET MANAGEMENT:

Adam Michalski: Phone (905) 466-0423 Daytime, (519) 539-7930 Evenings
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Meet Referee: Margaret Galbraith (519) 537-5065
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