

**Masters Swimming Ontario
Annual General Meeting 2007**

Sunday November 11, 2007
Etobicoke Olympium Pool, Olympic Lounge
590 Rathburn Road, Etobicoke
after Swim Meet Social

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To be provided at meeting currently being prepared for audit.

Attachments

2006 Annual General Meeting Minutes
Notice of Motion Form
Nomination / Consent to Serve Form

Notice of Annual General Meeting

Notice is hereby given that the Annual General Meeting (AGM) of Masters Swimming Ontario shall be held at the Etobicoke Olympium, Olympic Lounge, 590 Rathburn Road, Etobicoke, immediately following the conclusion of the Swim Meet Social on Sunday November 11, 2007.

The AGM shall be held for the following purposes:

1. To receive and consider the financial statements of the Association for the fiscal year ended August 231, 2007;
2. To elect Directors;
3. To appoint Auditors; and
4. To transact such other business as may properly be brought before the meeting or any adjournment thereof.

Annual reports from Workgroups, a blank Notice of Motion and a blank Nomination /Consent to Serve form accompany this notice. In addition, the list of current serving Directors, new nominations and an explanation of the voting procedure are attached. The Association's financial statements are currently being prepared for audited and will be presented at the AGM.

All members, including Unattached Members, are encouraged to attend.

Voting Delegates are required to sign the Register and record the number of votes they represent for their Member Club.

Dated at Sault Ste. Marie, Ontario, September 1, 2007

By Order of the Board of Directors

Sally O'Brien, President

Board of Directors 2006-2007

The affairs of the Association shall be managed by a Board of Directors consisting of nine (9) Directors, each to serve for a term of two (2) years. Five (5) in numerically odd years and four (4) Directors in even years shall be elected by the duly authorized Delegates at the AGM.

To complete their two (2) year term, there are returning Directors as follows:

Lesley Mason-Ward Olenka McKee Marion Wyatt Cindy Bertilink

The Directors whose terms have expired are as follows:

Michael Heath-Eves Sally O'Brien
Hilary Richardson James Talbot

The Directors appointed for a one year (1) term and expired are:

Sean Warburton

Therefore there are five (5) positions open for the year 2007-2008.

Nominations are welcome and must be submitted on the appropriate Nomination /Consent to Serve form (attached), and received by the Registrar, Box 8, 552 Church Street, Toronto, Ontario M4Y 2E3 by Wednesday November 7, 2007.

Additional nominations, if properly submitted and approved by the Delegates to the AGM, may be entertained from the floor at the AGM.

Voting Procedure

Only registered Members of MSO may vote as Delegates at the AGM. One Delegate may represent all the votes of that person's Club, or where a Club has more than one vote, it may spread its votes amongst more than one of its members. For Member Clubs having two (2) or more Members in good standing, the votes are allotted as follows:

Registered Members	Votes Allotted
2- 24	1
25- 49	2
50- 74	3
75 and over	4
Unattached Members (as a Group)	1

2007 MSO AGM AGENDA

1. Welcome, Quorum, Roll Calls and Vote Tabulations
2. Acceptance of Agenda
3. Acceptance of the 2006 Annual General Meeting Minutes
4. Business arising from the 2006 AGM Minutes
5. Annual Reports from Workgroups, External Representatives and Volunteer Staff
6. Notices of Motion
7. New Business
8. Termination of Outgoing Directors
9. Election of Directors
10. Appointment of Auditors
11. Adjournment

PRESIDENT'S REPORT

Hello everyone.

Here I am again reporting on what your Masters' Swimming Ontario (MSO) Board has done for you over the past 12 months. Continuing our tradition of alternating the AGM between Toronto and other parts of the province, we're back in Toronto for the 2007 AGM. We have decided to attach the AGM this year to a morning swim meet at the Etobicoke Olympium- "A Third Not So Serious Swim Meet". The AGM will be held right after the free lunch.

Your directors and workgroup leaders have been working hard this year with the Coach and Swimmer surveys that were conducted in early 2007. Competition both in the pool and in Open Water has increased and with that the new sanctioning format has been introduced online.

Last year we gave a one time grant to the officials who volunteered at the World Masters' Swimming Competition in California. We now feel the need to support our own Provincial Officials without whom Masters' swim meets would not be possible. A competitive swimmer surcharge will be added to meet registration all, of which will remain in the region for Officials' training.

With the growing numbers of competitions, which means more new swimmers, we again would like to advise Clubs and Meet Managers of the importance of MSO safety rules and enforcement of these rules during warm-ups.

We have also launched an online newsletter this year in the hopes of better communication between the Board and all the clubs and swimmers.

The MSO mission statement "**To contribute to the overall health and fitness of adults in the Province of Ontario through participation in a Masters' Swimming program**" shows that we are not all for competition alone. Our motto, "**Fun, Fitness and Friendship**" shows that MSO is a social and competitive organization for those who love to swim for fitness.

MSO's work is only possible with the help of its members. We have a great group of people on the board, but a number of vacancies need to be filled once again, and **we need your help (FRESH FACES AND IDEAS)** to further grow the organization and move our projects forward.

Thank you in advance for your interest and assistance.
See you in the pool!

Sally O'Brien
President MSO

VICE PRESIDENT'S REPORT

1. COP

MSO VP attended a face to face meeting of the Council of Provinces (COP) (10 Representatives) held in Montreal, December 8, 9 and 10, 2006. The primary purpose of the meeting was to discuss how this body, which advises MSC on matters the Provinces wish to see implemented can be as effective as was originally intended. Copies of the minutes and action items were circulated to the MSO Board by e-mail January 17, 2007.

Recommendations of COP

1. a) Accept the work of the Officials/Rules Committee.

b) PMO's are to advise member clubs that a new rule book is being produced.

c) PMO's are to encourage Masters Swimmers to become Masters Officials.
2. a) Encourage all PMO's to use Swim Direct to register their swimmers.

b) MSC is to be encouraged to interface Swim Direct and mymsc.ca.
3. a) COP representatives should promote the MSC election process as set by the MSC Elections Committee by ensuring member clubs are aware of the process through their Provincial notifications.
4. COP members are encouraged to get involved in committees (i.e. Health and Fitness, Open Water, Marketing, Rules and Officials, Competition, Coaching, Elections).
5. MSC be encouraged to review the MYMSC web site with respect to language access, budgets, etc.
6. Create a formal structure for the COP.
7. Encourage MSC to value Canadian issues as the priority but continue to gather information from international sources to improve the Canadian organization.

8. COP Representatives to investigate how each PMO runs a National Swimming Championship, what events would they provide how the event is insured.
9. All PMO's are to be encouraged to submit a calendar of event to Lindsay Paterson for incorporation into a National Calendar on the MYMSC website.
10. The MYMSC web site master is to be encouraged to incorporate articles on "How to start a Masters club", "How to run a Meet" etc. so that all PMO's can share information.
11. Recommend that MSC Board accept the work and recommendations of all the working committees.

2. Swim Direct Registration

- The project to source a new registration program for MSO is still ongoing. Efforts to obtain a proposal from for the Swim Direct program during 2007 complete with costs where unsuccessful. The MSO Board will review alternative programs in the future. In the meantime it is business as usual. At this time we will run with the current registration program until a change makes sense.

3. 2006 AGM and Training Camp

- A successful Training Camp attended by 27 participants was run by the TechnoSport Swim and Triathlon Club prior to the 2006 AGM in Ottawa.

4. Insurance

- During 2006 – 2007 Claus Koch has continued to advise the Board on insurance matters. Often an insurance question comes to a Board member from a club and it is Claus to whom we turn for advice and even ask to respond directly to the club. I have seen several e-mails of thanks through the year for these clarifications. I would like to take this opportunity to thank Claus for his valued input on this important subject.

Mike Heath-Eves
September 7, 2007

COMPETITION REPORT

OPEN WATER SWIMMING-Olenka McKee

Each year our swimming season begins and ends with open water swims. The 2 Provincial championship events Bright's Grove (TYMS) and St Mary's (LSD) were part of the MSC Open Water Swim Championship series 1, a program initiated to promote OWS throughout Canada Technosport hosted the 3k and 4k and added the 2k this year. 1000 Island in Brockville revived there river swim. This year our swimmers were offered 6 OWS events ranging in distance from 750m to 5k, over 200 swims were recorded

Results for the Open water swims are carried on the MSO web site.

POOL SEASON

Another successful year even though the number of meets dropped from 26 to 17 06/07 had an increased number of meets in preparation for Worlds (see attached)

Safety Procedures during Warm up

Meet managers and referees were asked to ensure supervision of the warm up. This will be an on going project for 07 / 08.

2008 Ontario Swimming Championship will be hosted March 28 – 30 at the Etobicoke Olympium hosted jointly by Etobicoke Olympium Masters Aquatic club and Aurora Ducks.

2008 Canadian Championship will be May 16 – 19 in Quebec City.

FEE FOR OFFICIALS

After careful consideration the MSO board approved a motion to collect \$2 per swimmer for all non-championship sanctioned events and \$ 5 per swimmer for championship events to aid in future training of the officials Effective September 2007

SACNTION PROCESS

Thanks to the work of Craig Zimmerman, MSO webmaster, the process for obtaining a meet sanction has been simplified. The forms, found on the MSO website can now be filled out online and submitted directly to the meet coordinator.

STATISTICIAN'S REPORT

This past season the meet managers have submitted all the meet results (SCM and LCM) to Lindsay Patten to be added to the MSC data base. Lesley Mason-Ward (MSO statistician) and Lindsay have been working together so this information automatically updates the files for Ontario and Canadian Records, flags new records for verification updates the top twenty SCY results and records (Alderwood / USA meets) and the OWS results will be on the MSO web site

RECORDS (submitted by Pat Niblett)

There were 22 swim meets processed (2007) including all Ontario meets plus Nationals in Winnipeg ,Quebec Provincials, B.C. Provincials, YMCA (USA), Dollard in Quebec, and New England

Ontario Records

Short Course Yards 9 Women 23 Men.
Short Course Meters 33 Women 37 Men
Long Course Meters 21 Women 25 Men

Canadian Records

Short Course Meters 25 Women 30 Men
Long Course Meters 12 Women 15 Men
Total Individual records 73

World Records 4 -Judie Oliver 2, Lynn Marshall 1, Wes Musial 1

Relays

Ontario Records
Short Course Meters 10
Long Course Meters 16

Canadian Records

Short Course Meters 5
Long Course Meters 6

Note

There were probably more records done in this time frame as some records were broken more than once, usually by the same swimmer.

These statistics do not include the World Championships in Stanford where many records were broken including the 280+ Women's 200 Medley Relay

The high record breaking effort has been by Judie Oliver who managed to break a total of 19 records since December 2006 when she changed age groups.

HOST CLUB	EVENT		# of CLUBS	# of ENTRIES	# of FEMALE	# of MALE	# of SWIMS
OWS							
LSD	St. Mary's 5K	Sept 10 2006	19	46	15	31	46 (2DNF)
TYMS	Bright's Grove 1.5k - 3k	July 14 2007	13	34	16	18	34
TECHNO	Meech - 2K	June 30 2007	NA				
TECHNO	Meech - 3K	July 21 2007	N A				
TECHNO	Meech - 4K	Aug 11 2007	N A				
1000	Brockville 1.5k -3k	Aug 12 2007	9	33	15	18	33
POOL							
TECHNO	SCM - Sprint	04-Nov-06	9	69	35	34	230
EOMAC	SCM - Semi-Serious	12-Nov-06	19	185	98	87	680
KINGSTON	SCM	19-Nov-06	17	117	49	68	479
NYG	SCM - Pentathlon	10-Dec-06	26	180	77	103	888
TECHNO	SCM Sprint	13-Jan-07	6	50	22	28	174
ATB	SCY - Alderwood	21-Jan-07	26	141	73	68	490
1000 ISL	SCM - Almost Serious	28-Jan-07	12	54	21	33	171
KENORE	SCM	10-Feb-07	5	53	38	15	165
BURL	Winter Splash	11-Feb-07	na	na	na	na	na
R SPEED	Swimmers in Heats	CANCELLED					
LONDON	LCM	18-Feb-07	20	193	105	88	804
NEPEAN	LCM	24-Feb-07	22	145	64	81	498
MILTON	Spring Splash	04-Mar-07	28	159	72	87	676
TECHNO	Arthur Inglis ?SCM	17-Mar-07	8	58	29	29	223
EOMAC	Heart & Stroke	18-Mar-07	10	27	9	18	27
PROVINCAL	SCM LAURENTIAN	Mar 23-25 2007	36	343	170	173	1952
EOMAC	LCM TEAM	22-Apr-07	16	95	39	56	347
TECHNO	SCM Sprint	05-May-07	6	21	8	13	78
CORNWALL		05-May-07	5	36	20	16	136

HEALTH/LIFESTYLE REPORT

No Report Submitted

COMMUNICATION REPORT

This year we have had the continuing challenge of keeping our Club email contact list updated.

We have had several suggestions to make it easier, which hopefully we can address in the 2007-2008 swimming season.

A News Letter began this season and is posted on the MSO website quarterly to keep club apprised of upcoming issues. Each committee has contributed reports for the newsletters.

We strongly suggest that clubs regularly check the website. After a trial of emailing the News Letter, the board decided that posting it was a more sure way of ensuring all clubs and club members had access to it.

Our strongest link for communications is the web site as it a stable section and as clubs change contact personnel yearly this can be a much better used platform for communications.

Marion Wyatt

LEADERSHIP REPORT

No Report Submitted

Masters Swimming Ontario
REGISTRAR REPORT

As of August 31, 2007
Unaudited

Clubs 85
Mail memberships 6
Total swimmers 3073
Club swimmers 3029
Unattached Swimmers 44

8 OSG Members, Beth Whittall, Ted Roach, Geoff Camp,
Michael Stroud, Brian Croker, Chris Smith
Pat Niblett, Bryan Finlay

**New clubs- Elliot Lake,
U of T- Mississauga,
St. Laurent Ageless Power Swimmers,
Ottawa Center Masters**

Old return clubs- Norfolk Hammerheads

Renamed club- Fitness Institute now Toronto Athletic Club

**MASTERS SWIMMING ONTARIO
ANNUAL GENERAL MEETING
SATURDAY, OCTOBER 21ST, 2006 – UNIVERSITY OF OTTAWA
OTTAWA, ONTARIO**

Present

Sally O'Brien – Sault Ste. Marie
Olenka McKee – 1000 Islands Y
Marion Wyatt – 1000 Islands Y
Ralph Chown – Arnprior
Catherine Crissing – Aurora
Vincent Richer – Technosport
Chris Smith – Trillium Y
Brian Croker – Downtown Swim Club
Nancy Black – Aurora
Lesley Mason-Ward – Swimming West Y
Angela Davis – Carleton White Caps
Mike Heath-Eves – TechnoSport
Jacqueline Odlum – Etobicoke

Guests:

Mary Stewart Ross – Ottawa Centre Masters
Ellis Betensky – Ottawa Centre Masters

1. Welcome, Quorum, Roll Calls and Vote Tabulation

The meeting was called to order at 12:05 p.m. by Sally O'Brien. The Board members and staff introduced themselves. Brian Croker as Registrar confirmed 10 clubs were present with 29 votes so we have a quorum.

<u>Club</u>	<u>Votes</u>
1000 Islands	3
Arnprior	1
Aurora	4
Carleton	2
Downtown SC	4
Etobicoke	4
Sault	3
SWYM	2
Technosport	4
TYMS	2

2. Acceptance of Agenda

Motion: To accept the agenda

Moved by: Olenka McKee Seconded by: Michael Heath-Eves
Carried unanimously

3. Acceptance of 2005 AGM minutes

Motion: To accept the minutes of the 2005 AGM

Moved by: Marion Wyatt Seconded by: Brian Croker

4. Business arising from the 2005 AGM Minutes

With reference to the database, we can register teams and individuals.

Not yet available for meet managers – only get age and club

Lesley Mason Ward reviewed the treasurer's report in detail. 2005 is still with auditors.

MASTERS SWIMMING ONTARIO

Balance Sheet

As of August 31, 2006

	ASSETS	2005	2006
		\$	\$
CURRENT ASSETS			
Cash (note 5)		43,851	62,410
Accounts Receivable		2,051	204
Inventory (note 3)		1,507	1,786
		-----	-----
		47,409	64,390
Property and Equipment (note 4)		1,209	1,433
		-----	-----
		48,618	66,823
		-----	-----
LIABILITIES			
CURRENT LIABILITIES			
Accounts Payable (note 1)		3690	10,000
		-----	-----
MEMBERS' EQUITY			
Members' Equity		44,928	56,823
		-----	-----
		48,618	66,823
		-----	-----
		-----	-----

The accompanying notes are an integral part of these
financial statements

UNAUDITED DRAFT COPY ONLY

Statement of Earnings and Members' Equity As of August 31, 2006

REVENUE	2005	2006
	\$	\$
Club registrations	4,365	
Club swimmers	77,500	88,081 Unattached
swimmers	2,520	
Mailing members	60	
Interest Income (note 5)	543	
Sale of medals/ribbons(note 3)	110	
Other	185	
	-----	-----
	85,283	88,081
	-----	-----
EXPENSES		
Affiliation fees (note 1)	37,910	39,110
Membership services (note 2)	18,914	9,400
Communication (note 6)	2,334	1,518
Competition (note 8)	1,101	1,842
Travel expenses	1,222	7,946
Office and general	438	575
Administration	13,460	
Amortization	1,003	
AGM (note 7)		3,008
Insurance		10,042
Database development		2,500
SWIM award		242
	-----	-----
	76,382	76,183
	-----	-----
NET EARNINGS		
Net earnings	8,901	11,898
Members' Equity (year beginning)	36,027	44,928
	-----	-----
(year end)	44,928	56,823
	-----	-----

The accompanying notes are an integral part of the financial statements

UNAUDITED DRAFT COPY ONLY

MASTERS SWIMMING ONTARIO

Notes to Financial Statements

August 31,2006

1) Affiliation Fees

We currently pay MSC \$10 per member. As of August 31 2006 we had 3176 members. First payment of 23,250 has been paid (Dec 31, 2005) and the remaining \$8510 has been remitted as of August 31st.

We offer a DONATION of \$2 per swimmer to Swim Ontario, and the \$6350 has been paid (February 13, 2006)

The Board authorized a DONATION of \$1000 to Ontario Swimming Officials Organization in recognition of the work they have freely contributed.

2) Membership Services

Amounts included here are stipends for Registrar and for Webmaster, fees for recording Minutes of meetings of the Board of Directors, and honoraria offered to Statistician and Records Keeper.

Amounts previously included here (now reassigned to Communications and to Administration) included phone, postage, copying and registrars phone line.

3) Inventory

This includes monetary value of medals and ribbons on hand.

Currently: Medals for OWS 453@\$3	1,359
Championship medals 65@\$3	195
Ribbons 664@35c	232
Total	1,786

Income from the sale of ribbons, medals, pins, timecards etc is included in the cash balance at BNS

4) Property and Equipment

A Display Board, purchased for \$535, has been amortized over the past 3 years (as required in previous financial statements) so no longer has significant monetary value.

The amortization period for computer equipment was previously set at 5 years.

In 2006, the residual value of the original computers (\$1209) has been added to the cost of the new laptop (\$1180) and this total has been reduced by 40% (the amortization amount) to show a current value of \$1433.

5) Cash.

Interest income as been included in the cash totals of the Balance Sheet. Cash total is comprised of amounts in the current account of the Bank of Nova Scotia (\$19,300.68), and in the Savings account at ING Direct (\$43,102.74)

A midseason transfer of \$20,000 from BNS to ING has resulted in additional income of approx \$50 per month

6) Communication.

Included here are the charges for Board meetings conducted through teleconferencing, and the charges for the website and for the Registrar's dedicated phone line and long-distance calls.

NOTE: To minimize costs, MSO has now conducted three teleconference meetings – the cost of which is included in this segment.

7) Annual General Meeting.

Expenses for the AGM included cost of room rental, meals, awards and administration costs for this meeting.

Regular administration costs comprise postage, copying, and supplies and also include bank charges. For the information of members, the travel costs for Directors attending meetings are now listed separately

8) Competition

These expenses include purchase of medals and ribbons for inventory. Income from the sale of ribbons, medals, pins, timecards etc. is included in the "other" category of revenues

9) Health and Lifestyle.

The amounts included here relate to the \$2500 voted for MSC database development, and the \$1315 invested in T-shirts to promote the Million Meter Challenge project

Masters Swimming Ontario
REGISTRAR REPORT August 31, 2006

Clubs	96
Mail memberships	2
Total swimmers	3176
Club swimmers	3124
Unattached Swimmers	44

8 OSG Members, Beth Whittall, Ted Roach, Geoff Camp,
Michael Stroud, Brian Croker, Pat Niblett
Bryan Finlay, Chris Smith

New Clubs this year- Cornwall Sea Lions
Espanola Seals Masters
Gefilte Fish Swim Club
Gloucester Master Ducks - Worlds only
Mallards Swim Team Inc.
South Western Aquatic Masters

Old Returning Cubs-Carleton Place Masters
Glendon Athletic Club
Huron Hurricanes Aquatic Club

Other club Info 1000 Island Y Masters and Brockville Independent Masters merged.
ROW became Laurier Golden Hawks Masters.
Woodstock has become South Western Aquatics.
Downtown Swim Club becomes
Downtown Aquatic Corporation.

I am in the process of moving and in order to keep the MSO phone number of 416-944-9226 I had to change it a business line. The increase in cost goes from about \$45.00 a month to about \$60.00. I also purchased a 300 minute long distance package for \$15.90 a month.

I was also able to get us a toll free line: 1-888-MSO-SWIM or 1-888-676-7946.
This will cost us 4.5 cents per minute for calls we receive.

I just need to know what category in the yellow pages we want to have our name MASTERS SWIMMING ONTARIO listed in.

5. Annual reports

Motion: To receive the reports as distributed.

Moved by: Angela Davis Seconded by: Ralph Chown

Carried unanimously

Report from the President

Hello everyone. Thank you for sharing this report and spending a few minutes reading up on what your Masters' Swimming Ontario (MSO) board has done for you over the past 12 months. Continuing our tradition of alternating AGMs between Toronto and other parts of the province, we're back in Ottawa for the 2006 AGM. I hope that you can take advantage of the opportunity to participate in the coinciding swimmers' camp/workshop and participate in the meeting. The MSO board is working diligently, thanks to the directors and the workgroup leaders, on fulfilling the organizations motto "**Fun, Fitness and Friendship**", and translating MSO's mission statement ("**To contribute to the overall health and fitness of adults in the Province of Ontario through participation in a Masters' Swimming program**") into actions that serve both the existing membership, and expand the base of MSO members. With this in mind we are continuing to look at what swimmers need and want and how our coaches can help. Please read the Leadership Workgroup report to find out more about an online survey we are planning shortly to help this.

The last few years have been quite challenging, and this one was no exception.

Our membership continues to grow with the addition of six new clubs and the return of three more. Competition is also growing, and with the arrival of so many new and returning swimmers, I urge clubs and Meet Managers to review our MSO meet warm-up and safety rules to make sure that they are followed and enforced at all times.

Barrie Malloch has been our webmaster for a number of years but this year she has handed over the reigns to Craig Zimmerman of Sault Ste Marie. We thank Barrie for all her devoted work and we look forward to working with Craig.

Masters' meets would not be possible without officials, and recognizing their important contribution, MSO supported the participation of four (4) Ontario masters' officials attending this year's World Championship in California with a donation of \$1,000.00. The board is also looking at other ways to support our officials on a continuing basis.

MSO is continuing to work towards improved relationships with Masters' Swimming Canada (MSC) and Swim Ontario (SO). Michael Heath-Eves now represents MSO on the new MSC Council of Federation and MSO is continuing to assist Masters' Swimming Canada's "www.mymisc.ca" website/database project - the MSC's Million Meter Challenge has been quite successful, but it is only a small part of the master plan and MSO is eagerly looking forward to future deliverables for its members. MSO has also taken a baby step in mending the relationship between MSO and Swim Ontario (SO): three MSO board members attended the SO awards banquet on Sept 23, 2006, giving us the opportunity to meet some of the SO board members.

MSO's work is only possible with the help of its members. We have a great group of people on the board, but a number of vacancies need to be filled once again, and we need your help to further grow the organization and move our projects forward.

Thank you in advance for your interest and assistance.

See you in the pool!

Sally O'Brien

President MSO

Workgroup Reports

1. COMPETITION

Open Water Swims

There were several opportunities for our members to participate in an open water swim.

The year started with the St. Mary's 5K Ontario Masters Championship, organized by Bryan Finlay and the London Silver Dolphins. Sixty (60) swimmers competed up from the previous year by 15. MSO was pleased to present to Bryan Finlay the SWIMS award for the years of dedication to open water swimming. The spring of 2006 MSO was pleased to designate the Bright's Grove 1.5K and 3K swims as Ontario Masters Championships, 33 swimmers competed in these swims. Thank you to Sue Weir and TYMS for organizing these swims. Technosport provided an opportunity to swim a 3K and a 4K. Many, while attending the Worlds, competed in the 3km OWS Championship at Alameda in San Francisco Bay, which with 20 knot winds, proved to be a challenge. The really tough ones swam the following day in a "fun" swim from Alcatraz to San Francisco

2005 / 2006 Pool Season

The attached chart shows a comparison between 2004 / 2005 season and 2005 / 2006

The season was a success with an increase in the number and types of meets. I thank the meet managers for their continued efforts to provide quality meets to our members.

Alternate meet format - Two meets were introduced this year that tried an alternate format

- **EOMAC** – format alternated a session with individual events & relays and a session with fun relays
- **CORNWALL** ran a sanctioned swim meet plus 5K run -there were some combinations people could select - 5 people selected the NASTY (50 of each stroke + 100IM + 1000m swim + run)

Both formats were well received

PROVINCIAL CHAMPIONSHIPS - Brock hosted the provincials, 571 swimmers attended representing 58 clubs. Records were broken, wine tasted, food consumed and friendships renewed. Our thanks to the team that made it happen.

WORLDS - A total of 83 members of MSO participated in the Worlds at Stanford in August of which 46 swam for the Ontario Masters Swimmers (TOMS), our "provincial" team, 32 from Aurora Ducks plus 4 from Gloucester Ducks. The facility with two 50m competition pools plus three smaller warm-up pools was magnificent, the organization and officiating was great and the weather was beautiful. There were 5526 swimmers from 78 countries and over 150 World records were broken. A most successful meet. Wes Musial, Ron Armstrong, Judie Oliver and Sylvia Eisele all received individual golds and the relay teams of Doris McEwan, Judie Oliver, John Balint and Peter Straka, also the women's team of Michele Oliver, Sylvia Eisele, Judie Oliver and Doris McEwan both won golds with Michele, Sylvia, Judie and Doris clipping seven seconds off the former 280-319 200m Women's medley relay World Record.

1.1 STATISTICIAN'S REPORT -- Results from the meets were emailed to Lesley Mason-Ward, our MSO statistician, who took this information (approximately 9000 swims from 26 meets) and entered it into the statistics system. All this data is used to generate our records and top ten lists. Thanks to the meet managers this information was also sent to MSC and is being used to develop the National database. Thank you to Pat Niblett for her dedication in processing the paper work so our swimmers get recognition for the records they break.

Olenka McKee
Chair, Competition

MSO MEET COMPARISON REPORT, 2004-2005, 2005 - 2006

Stats are reported by host clubs - Short Course Meters (scm) unless indicated as Short Course Yards (scy), Long Course Meters (lcm) or

HOST CLUB	EVENT	# of		# of FEMALE		# of MALE	
		CLUBS	ENTRIES	04/05	05/06	04/05	05/06
		04/05	05/06	04/05	05/06	04/05	05/06
Outdoor Water Swims							
LSD	St. Mary's 5K	18	22	48	62	21	27
TYMS	Bright's Grove	18	15	37	33	20	18
TECHNO	Meech -3K	N A					
TECHNO	Meech - 4K	N A					
Pool Swims							
BRNT	SCM - Fall	12	12	123	100	64	43
	Sprint Splash						
TECHNO	SCM - Sprint	10	5	31	34	14	14
OHM+KMAC	SCM	27	29	122	121	45	52
TECHNO	SCM - Sprint	5	3	54	23	26	9
EOMAC	SCM - Semi-Serious	NA	24	NA	111	NA	48
TECHNO	SCM - Distance	4	4	14	13	7	6
NYG	SCM - Pentathlon	27	29	215	183	99	75
TECHNO	SCM Sprint	7	4	35	30	18	14
1000 ISL	SCM - Almost Serious	3	16	35	74	19	33
ATB	SCY - Alderwood	24	24	130	100	56	52
KENORE	SCM - time trial	1	12	9	3	38	
TECHNO	SCM Distance	5	21	14	7	21	
LONDON	LCM	17	17	181	181	85	100
NEPEAN	LCM	20	21	169	149	80	59
BURL	Winter Splash	27	30	151	na	67	na
R SPEED	Swimmers in Heats	14	10	94	79	25	22
EOMAC	Heart & Stroke	6	6	1	27	10	13
MILTON	Spring Splash	28	32	123	171	50	84
TECHNO	Arthur Inglis	11	5	68	41	32	19
	?SCM						
PROVINCALS	SCM	24	58	175	571	87	284
	"	71	601	324	2849	2004 IN TOR	
TECHNO	SCM Sprint	4	7	40	42	17	23
CORNWALL	SCM Legends	11	46	20	26	197	
TECHNO	Sprint - LCM	5	7	29	20	13	7
DSC	LCM	22	83	26	57	236	
TECHNO	Distance - LCM	3	2	16	10	9	6
EOMAC	LCM - Worlds warm-ups	19	100	44	56	284	

2. HEALTH/LIFESTYLE

This Past Year has been very exciting. As you know our Group refocused our efforts & Partnered with MSC to launch & promote the **"MILLION METER CHALLENGE"**. I would say without a doubt this was an extremely successful venture. The growth in participation far exceeded our wildest dreams in such a short time frame. Part of our task was to investigate & recommend awards in Recognition for those who achieved the Milestones/Level as outlined in the program. It is with great pleasure; we have been informed by MSC that our recommendations have been accepted.

With the reorganization by MSC & appointment of Lindsay Patten taking responsibility for this our participation will now be a resource when required or if time allows.

For the coming year we will focus our efforts on **"Health & Lifestyle" program.**

Jim Talbot

Chair, Health and Lifestyle Workgroup

3. COMMUNICATION

The Communications workgroup is tasked with managing MSO's website activities, including related registrar work. There have been a lot of changes in the past year, and we're starting to see some very exciting possibilities emerge for improved communications with MSO member clubs and MSO members.

As a first point, I'm sorry to announce that Barrie Malloch has had to step back from her job as MSO's webmaster par excellence in order to focus on other priorities. Barrie has been an asset and a credit to your organization for many, many years, and I want to take this opportunity to extend our most heartfelt appreciation for all the excellent work, and positive contributions during the time Barrie has been part of the organization. We have been very fortunate to find Craig Zimmerman to take over our website, and I hope that you have a chance to say hi to him during our meeting. Welcome aboard Craig!

At last year's meeting, we announced the new mymsc.ca website. While much work on the project remains to add functionalities for swimmer registration for MSO, and possibly swim meets, the results of this work-in-progress have had a tremendous success. As the largest group of masters' swimmers in Canada, your MSO is committed to help Masters' Swimming Canada (MSC) continue this project, and to take advantage of the exciting possibilities it holds for facilitating administrative processes and member/club communications.

Lastly, I need to inform you that I am stepping down from the board because of personal reasons. My tenure as an MSO board member was a very positive experience, and I believe that I got more from this opportunity than I was able to put in. The communication workgroup's involvement in the mymsc.ca website is a very exciting project that will help shape the direction of masters' swimming in Canada and Ontario. I hope that you, or someone you know, will take the torch and help to move this file forward.

Respectfully// Richard Arsenault
Chair, Communications Workgroup

4. LEADERSHIP

BACKGROUND: During the Coach's Forum held at last year's AGM, coaches expressed a need for training more specific to masters swimming. Most felt that the NCCP is a good base but more training specifically geared to the masters swimmer (as opposed to the age group swimmer) is needed. Specifically, coaches wanted more information on:

- working with the older adult
- athletic training while taking certain medications (i.e. beta blockers)
- "people skills"

Coaches acknowledged that different clubs/coaches have different strengths and expressed a desire to "pool resources" so that those clubs/coaches with something to share had the opportunity to do so. Similarly, clubs/coaches with a desire to learn and to build leadership skills would have a network of resources and the option to participate.

In order to make the best use of resources and indeed to actually "take stock" of potential resources, we need to ask those directly involved: swimmers and coaches.

Rather than create a series of potentially irrelevant (and expensive) clinics/courses/workshops, we need to know what is wanted/needed first. Many of our coaches and swimmers are very talented and experienced. Why not find out what they have to offer and work with the resources we already have rather than "re-invent the wheel"?

ACTION PLAN: With the above in mind, two surveys were created. The swimmer survey is designed to collect data on swimming background, goals, preferred practice times and logistics as well as perceived strengths in coaching/club. In general this survey asks the question "what are swimmers getting or not getting from their swimming training that they like or would like".

A coach's survey was also designed that seeks to identify the background or training of individual coaches as well as areas coaches feel they could benefit from increased awareness and/or training. This survey looks to identify those coaches with significant experience and expertise who are willing or interested in sharing these strengths with other coaches.

The launch of these surveys is currently being planned for January 2007. The surveys will be made available on-line and club contacts will be notified ahead of time and asked to encourage participation within each club. Unattached swimmers (roughly 44 people) will likely be sent a mailing to announce the launch of the surveys. The surveys will be available for a limited time only – two to three months.

OUTCOME: Once survey responses have been received, the goal will be to develop a series of clinics/workshops across Ontario that:

- are relevant to the needs of coaches and swimmers as expressed in these surveys
- make use of the existing talents amongst our coaches (and swimmers)

Also it is hoped that the surveys will contribute to the creation of a comprehensive communication network that:

- allows for easier sharing of information between clubs/coaches/swimmers
- accurate and timely distribution of information

Hillary Richardson,
Chair, Leadership Workgroup

6. Notices of Motion

None have been received

7. New Business

a) Olenka brought up the topic of adding \$5 to entry fees of Provincial Championship meets to be paid to the Officials to use as they choose. Chris Smith said this was being investigated at the moment and suggested we defer the discussion. Training is very key – expenses include room

rental, copying documents etc. How much do they need? \$40,000 from last five year's meets (nationals and provincials). This was a percentage of profits rather than a donation.

b) Brian asked if he was supposed to register swimmers – the idea is that each swimmer should do his/her own registration. If they don't have e-mail get a buddy to do it or ask the coach or club contact.

c) Ralph Chown – re the new rule book - has it been adopted. Chris Smith advised that FINA will come out with standalone masters rule book – this year. The format for Canada will be one which will fit into an official's pocket and will be adapted from the FINA book.

8. Termination of outgoing Directors

Olenka McKee, Richard Arsenault, Angela Davis, Lesley Mason-Ward have completed their terms. Michael Heath-Eves, Jim Talbot, Hillary Richardson, Sally O'Brien are continuing. Stuart Martin has resigned.

9. Election of Directors

Nominations have been received for: Olenka McKee, Marion Wyatt, and Lesley Mason-Ward

Motion: To close the nominations.

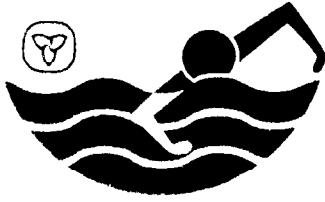
Moved by: Michael Heath-Eves, Seconded by: Brian Croker
Carried

Motion: To accept the nominations by acclamation

Moved by: Michael Heath-Eves Seconded by: Brian Croker
Carried unanimously

There are still two openings on the Board and these can be filled at any time throughout the year without an election. Efforts will be made to find candidates from South Western Ontario or the Greater Toronto Area.

Motion to adjourn the meeting at 1:25 p.m. Moved by: Marion Wyatt



MASTERS SWIMMING ONTARIO

NOTICE OF MOTION

CURRENT BY-LAW:(if applicable)

PROPOSED AMENDMENT:

COMMENTS ON PURPOSE OF NEW MOTION:

NEW MOTION:

SUBMITTED BY: _____

REGISTRATION NUMBER: www.mastersswimmingontario.ca - minutes AGM2007.11.11 /Page 25

CLUB NAME: _____

NOMINATION / CONSENT TO SERVE FORM

NOMINEE: _____ (PRINT)

NOMINEE'S CLUB: _____ (PRINT)

BRIEF MONOGRAPH:

(Description of nominee's interest in / experience in / contribution to the Masters Swimming Programme, and any other pertinent comments)

I,, certify that I am currently a registered Master in good standing, and consent to stand for election, and to serve, if elected, on the Board of Directors of Masters Swimming Ontario.

NOMINEE'S SIGNATURE: _____

DATE: _____

NOMINATED BY: _____ (PRINT)

SIGNATURE: _____

CLUB: _____ (PRINT)

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SECONDED BY: _____ (PRINT)

SIGNATURE: _____

CLUB: _____ (PRINT)

