

Masters Swimming Ontario Annual General Meeting - The Reports 2001

President's Report

What appeared to be a relative straight path ahead for the Board in January has turned out to have had many twists and detours. The summary here notes tasks worked on this past year followed by detailed reports from the individual Chairs.

INSURANCE:

There had been in the past some grey fog on the horizon to suggest that all might not be well with our insurance policy but as the fog only lurked in the distance MSO sailed on. This year the MSO Secretary, Claus Koch, took the lid off Pandora's Insurance Box. Exceptions that limited coverage spewed forth. Coverage was nullified if the coach on deck was not certified to Level 1 NCCP and yet there were no requirements for a lifeguard. Did this mean that a Club could not swim a posted workout when the coach was absent? All swimmers at a practice had to be registered with MSO whether or not they wished to compete. Was mandatory registration practiced by all Clubs? Did Clubs have their own independent policy? MSO was advised that open water swims were not covered and yet there had been four different sanctioned venues in the past. We could not negotiate what appeared to be conflicts until there was evidence on just how Clubs truly operated. A questionnaire was sent to all MSO clubs to survey these issues. 30% of MSO clubs replied. As was anticipated not all coaches were certified. Some practices were swum from posted workouts written by a coaching committee or sent in by an absent coach. The list went on and it was clear our policy did not reflect the way many Clubs operated and therefore did not adequately meet the requirements of MSO.

The historical reason for the conflict was that the MSO insurance policy had been based on the policy used by Swim Ontario for age group swimmers. The discrepancies were put to our agent for resolution but no resolution was forthcoming. As a result MSO has changed agents and a new policy is in the works.

HANDBOOK

The MSO Handbook is revised every three years and this has been a revision year. The handbook was already an advanced publication with in depth information. On the surface it first appeared that a few minor updates were all that would be required. Claus Koch began assembling suggested changes but the tap would not turn off. Revisions to revisions poured in. Historical information has been maintained and brought up to date. Stroke rules have been untouched but other rules have changed. Forms for meet sanctions and record recognition have been revised. Pat Niblett who chairs the Rules Committee submitted a number of changes for that portion of the Handbook. Through the process Michael Stroud, who worked so hard to produce the early editions, has been riding shotgun over the proposed revisions and we appreciate his hindsight and contribution.

WEBSITE

Through the efforts of Barrie Malloch the MSO website continues to grow and is the main source for Masters Swimming information in Ontario. New features and links have been added. Forms such as those for meet sanctions can be downloaded in Adobe Acrobat. More historical meet results can be viewed.

FINANCES

The MSO coffers have remained stable to the extent that membership fees will remain at \$20.00 for another year. Some costs have increased but others such as mailings have dropped as there has been more emphasis to post information to the website. Darlene Brown has kept such a fast and sharp pencil that she has been appointed also to the position of Ontario MSC Representative where we expect she may be balancing the MSC books.

MSC

As noted above Darlene is our current MSC Representative. Darlene replaced our previous representative, Geoff Camp. Geoff Camp was elected at May Nationals to President of MSC and as such cannot also be the Ontario Representative. MSO is now in a favoured position of having two members on the MSC Board.

STATISTICS

Lesley Mason-Ward had been struggling with a personal computer of the gastropod vintage to process swim meet results. The Board was concerned for the security of valuable MSO data being processed on private computers. The purse strings were relaxed sufficiently for MSO to purchase two new computer systems; one for Lesley and one for Brian Croker the MSO Registrar. Additionally Lesley is trying a program written by Don Clinton of Nepean Masters for processing results. The program, which is available at no charge to MSO Clubs, can be used for running meets and will accept results from other swim meet programs such as Hyteck. It is preferred that results be sent to Lesley electronically for speed and accuracy.

CONSTITUTION

There has been little proposed changes to MSO Constitution, however now that MSO owns two computers and associated programs, Mary Brinklow is reviewing the written text of the Director's Responsibilities. A form is being prepared to identify equipment owned by MSO. The user shall sign the form to acknowledge that the equipment is the property of MSO. The procedure is a precautionary step to facilitate the transfer of the computer and in particular the data to a new user.

COMPETITIONS

As our numbers grow so do the number of swim meets. Charlie Lane has been the contact within MSO for swim meet sanctioning. There has been little grinding of the gears as he has seamlessly synchronized sanctions. There was an exception. The St. Mary's 5K swim, an annual event, appeared to be headed for the rocks because of the exposed flaw in our insurance policy. Charlie worked with the Board and Bryan Finlay of London Y Masters to keep the event afloat.

MARKETING

Ann Gunther has been working to organize a postal event based on the numbers of different events swum in a year. She will be providing more details on this novel challenge that will be equally accessible for all Clubs.

My personal thanks and appreciation to members of the Board, Staff and those of the membership who have contributed their time and ideas this past year to advance Masters swimming in Ontario.

MSO Sanctioned Meet Report Summary- 2000-01

* Asterisks indicate clubs that filed a meet report form.

The rest were estimated from posted results.

All meets were short course metres(SCM) unless otherwise noted.

Host Club/Event	Date	No.	F	M	Clubs	Swims
(in date order)						
*UWO-StMarys 5K	S10	48	22	26	16	
*TECH	O21	24	7	17	8	104
*Ottawa Y	N4	68	24	44	7	
BURL	N12	106	54	52	29	
ATB-GrizzlyBareSC	N19	13	6	7	6	41
*TECH	N25	15	4	11	5	65
1000 Is	D3	53	20	33	9	178
*ETOB-time trial	D3	29	13	16	1	117
*TECH	D9	16	8	8	4	17
NYMAC-pentathlon	D17	180	72	108	27	918
*TECH	J27	24	8	16	9	112

*ATB-SCY	J28	104	56	48	22	502
*Kenora	F3	81			11	
*ETOB-dist time trial	F4	19	7	12	5	38
*Rid-Speedeaus	F10	79	12	67	8	
*London-LCM	F11	114	49	65	19	565
*TECH-am dist meet	F17	24	12	12	6	26
Nepean-pm LC meet	F17	109	52	57	18	
BURL	F18	119	64	55	31	
MILT	M4	98	41	57	20	
*UofToronto-LCM	M11	41	17	24	12	147
*TECH	M17	29	12	17	7	105
*MSO Provincials	M30,31,A1- see below					
*ETOBtime trial	A8	17	7	10	1	33
*TECH	A28	16	6	10	8	77
*1000 Is-1st mini-meet	A29	14	9	5	5	62
*TECH	M12	8	1	7	7	35
*1000 Is-2nd	M27	12	6	6	4	21
*Pickering-joint meet	J3	9	6	3	6	30
*TECH- dist mist	J9	11	5	6	3	12
*1000 Is-3rd	J17	12	7	5	6	26
Guelph Masters	J24	44	33	11	11	107
*IGLA WorldChamps	July 6,7,8- see below					

MSO Provs Mar30-Apr 1 - 582 entries-258F, 324M, 73 clubs. Records set - 82Ont, 47Can, 9World (6off, 3unoff)

IGLA World Championships July 6-8 - 710 entries- incl 58 MSO members, 7F and 51M.

Stats analysis from 30 non-championship meets reporting....

Swimmers per meet

0-24 entries	15 meets	incl 8 of TECH's 9 small meets and 2 of ETOB's 3 time trials
25-49	4	
50-74	2	
75-99	3	
100+	6	-2 BURL,ATB,NYG,Nepean,London (&Milton nearly)

	30	

Sex Distribution of entries

Women-	629 in 30 meets (44%)
Men-	791 in 30 meets (56%)

	1420 entries

Clubs attending meets

1-4 clubs	5 meets
5-9	15
10-19	5
20-29	4
30+	1 (Burl)

	30

Most swims per entry

North York	5.1
London	4.9
Alderwood-Jan	4.8

TECH-Apr	4.8
TECH-Jan	4.7
1000Is-Apr	4.4

Officials Report

On behalf of all of us in Master Swimming, we thank all the Ontario officials who give up their Saturdays, their Sundays and sometimes their whole weekend so that we can swim. Remember to thank them, all of them, at the end of each meet you participate in.

This year we had an opportunity to give the Ontario officials something back. They require funding to run their training programs, to organize the officiating of swim meets and to hold their administrative meetings. This funding previously came from grants from government, these grants have been reduced or eliminated. Without funding we would not have an officials organization and training program and consequently no one to officiate at our meets. This year they, the Ontario Swimming Officials Association, ran our Provincial Championship at Etobicoke, and a significant part of their funding for their operation this year will come from their modest surplus at this meet. They will be running the 2002 Provincials, April 5 - 7, again at Etobicoke, we are sure it will be just as successful for us and we hope as beneficial for them.

Of major interest to both swimmers and officials are the FINA rule changes that came into effect on October 1, 2001. Many of the rule changes and clarifications relate to the FINA start and since we have our own Masters Start Rule, these do not apply to us.

There is a clarification that you cannot take your elbows out of the water in Breaststroke except when you reach for the wall at the turn or finish.

For the Butterfly hotshots, you can now come off the wall on your side, not on your back, and do not have to be on your chest until you make your first arm pull. (15m rule still applies)

The change that is concerning many Masters is the change to the butterfly kick. FINA now allows only the "dolphin" kick for butterfly, the "breaststroke" kick is no longer allowed. There are many of us who swam B.B. (before butterfly) and more who swam B.D. (before dolphin), several use the breaststroke kick when swimming butterfly. Since both Ontario and Canadian Masters Rules allow the breaststroke kick, this new rule does not currently apply to Ontario sanctioned meets. It does however apply to any FINA sanctioned meet, as in the Worlds in Christchurch in March 2002, or if you want to break a World Record. If you plan to break a world record in butterfly (or IM) make sure that you do the dolphin kick throughout the butterfly component of the race, but also make sure you have a qualified official watch you throughout the race and certify in writing that you did so. There is a FINA Masters Committee meeting in November, 2001

which could, or could not, adopt a masters rule similar to our rule on this. It is possible that if all jurisdictions start to accept the FINA rule for Masters, MSC and MSO could follow, Alberta already has. So stay tuned. Currently the rule does not apply here. If there are changes we will let you know. For the Provincials we will give you the latest in the meet package, early January, and the meet program, April 5.

Chris Smith

Rules Committee Report

The MSO Board has decided to publish a new Handbook for 2002 and since this includes rules, our Committee has had many meetings to update and/or clarify the rules for sanctioned swim meets held in Ontario. I am also on the Rules Committee for MSC and have been involved with meetings as they plan to publish a new rule book in 2002.

Each Province establishes their own rules or uses the MSC rule book. The MSC rules are used for the Canadian Championship regardless of the rules of the hosting province. Hopefully some time in the future we can have standardized rules for the whole country.

Having finished most of our work for the new rules we are now faced with changes coming from FINA. The new rule which would affect swimmers the most is that the dolphin kick must be used in Butterfly and the Butterfly component in IM. (This means no whip kick or combination of whip kick dolphin kick in fly). The rule has not been greeted with much enthusiasm in Canada or the US, and there is a request to not have it in effect for the World Championship meet in New Zealand.

Ralph Chown and I are very grateful for the suggestions and advice we have received from the membership and officials. A special thank you to Michael Stroud and Geoff Camp for attending some of our meetings and also offering suggestions and advice in many emails.

Respectfully submitted,
Pat Niblett, Chair Rules Committee
27-Oct-2001

Report of the Constitution Chairperson 2001

The Constitution, with the approval of the membership, at the AGM will be amended to state that MSO is in accordance with the Canadian Charter of Rights and Freedoms and will include the following statement:

6. Individuals shall enjoy the same rights as those set forth in the Canadian Charter of Rights and Freedoms.

Mary Brinklow

Web Site Committee Report - AGM 2001

This year Adobe Acrobat software was purchased. The MSO web site now contains links to printable PDF files ; which includes MSO Forms, Ontario Records and Meet Entry Forms. Entry Forms received by the Meet Coordinator in electronic format will automatically be linked on the web site as soon as sanction approval is granted. Future plans include converting Minutes to the list of files available in this format.

Michael Stroud (former MSO webmaster) has been assisting the webmaster in general editing and checking links on the web site. The webmaster is very grateful for his careful work. He is also working on putting past Provincial results on the web site (results from 1982 and 1984 are now available).

Barrie Malloch,
Web master and Web site Committee Chair
September 28, 2001

Marketing Report

There were five initiatives undertaken by the Marketing Group:

1. To increase participation by swimmers in meets

The introduction the Ontario Masters Swimming Participation Award was postponed until January 2002. Plans are underway to launch this it as a Postal Event on the MSO web site.

2. To increase participation by swimmers at meets and foster team spirit

Efforts continue to launch a "Meet Series" with meet managers in the Western, Huronia/Central, Golden Horseshoe, Toronto-Downtown and Toronto-Metro Regions. It is hoped that with the meet managers support, the Marketing Committee will be able to attract corporate sponsors for participants. It is hoped that feedback will be received prior to the AGM

3. To increase Masters Swimming Ontario profile in the community

The partnership with Heart and Stroke Foundation was extremely successful. Our members raised over \$32,000 in support of the Foundation.

4. To recognize Masters Swimmers in the Swim Ontario Hall of Fame.

The Board has decided that this initiative was not consistent with the objectives of MSO. The MSO Board voted not to proceed with this initiative.

5. To provide advertising opportunities for interested parties.

Omni Swim will advertise in the 2001 version of the Handbook. It is recommended that the Board determine a policy on web site advertising and convey this to its membership and other interested parties.

Prepared: September 28, 2001 by Ann Gunther, MSO Board Member-at-Large

Registrars Report

Annual General Report 2000-2001

Number of Clubs	90
Number of Club Swimmers	2738
Unattached Swimmers	37
Total (Includes 3 Honourary members)	2775
Mail Memberships	10

Clubs 30-Oct-2001

1000	1000 ISLANDS Y SWIM MASTERS	48
AAC	ALGONQUIN AQUATIC CLUB	0
ACT	ACTON MASTERS	16
AJAX	AJAX AQUATIC CLUB MASTERS	5
ANC	ANCASTER MASTERS SWIM CLUB	29

ARN	ARNPRIOR GREYFISH MASTERS	5
ATB	ALDERWOOD TEDDY BARES	34
AURO	AURORA MASTERS SWIM CLUB	75
BARR	BARRIE MASTERS	13
BIMS	BROCKVILLE INDEPENDENT MASTERS SWIMMERS	9
BJCC	BATHURST JEWISH COMMUNITY CENTRE	7
BRCK	NIAGARA BROCK MASTERS	24
BRDN	BORDEN ENDURO ATHLETIC CLUB	17
BRNT	BRANTFORD AQUATIC CLUB MASTERS	46
BURL	BURLINGTON MASTERS	101
CAM	CAMBRIDGE MASTERS	2
CAPS	CARLETON UNIVERSITY MASTERS	15
CBRG	COBOURG Y BARRACUDAS	12
CLAR	CLARINGTON MASTERS SWIM CLUB	17
CMS	COBRA MASTERS SWIMMING	25
CRTC	COURTICE MASTERS SWIMMING	20
DALE	DALEWOOD MASTERS CLUB	37
DAM	DUFFERIN AQUATIC MASTERS	5
DSC	DOWNTOWN SWIM CLUB	100
DURY	DURHAM YMCA MASTERS	4

ELM	ELMIRA MASTERS AQUATIC CLUB	6
ETOB	ETOBICOKE OLYMPIUM MASTERS AQUATIC CLUB	128
EYH	EAST YORK HURRICANES	12
FITD	FITNESS INSTITUTE- DOWNTOWN	21
GBAY	GEORGIAN BAY MASTERS	3
GLOU	GLOUCESTER MASTERS SWIM CLUB	0
GMM	GUELPH MARLIN MASTERS	50
GRAN	GRANITE MASTERS SWIM TEAM	19
GRGN	GEORGINA MASTERS SWIM CLUB	0
HART	HART HOUSE MASTERS SWIM CLUB	1
HAWK	HAWKESBURY ORCAS SWIM CLUB	36
HHAC	HURON HURRICANES AQUATIC CLUB	3
ISSM	INGERSOLL SPEED SHARK MASTERS	0
KAN	KANATA MASTERS SWIM CLUB	52
KEN	KENORA MASTERS	31
KING	KINGSTON MASTERS AQUATIC CLUB	63
LASR	LAMBTON LASER AQUATICS	39
LONY	LONDON Y MASTERS SWIM CLUB	4
LSD	LONDON SILVER DOLPHINS	98
MARK	MARKHAM MASTERS SWIM CLUB	43

MASC	MISSISSAUGA MASTERS ADULT SWIM CLUB	43
MBLA	MASTER BLASTERS SWIM CLUB	38
MILT	MILTON MASTERS AQUATIC CLUB	97
MUSK	MUSKOKA MASTERS	23
NBAY	22 WING / CFB NORTH BAY MASTERS SWIM CLUB	6
NEP	NEPEAN MASTERS SWIM CLUB	239
NMKT	NEWMARKET MASTERS SWIM CLUB	8
NOR	NORSEMAN MASTERS AQUATIC CLUB	97
NS	NEWMARKET STINGRAY MASTERS	33
NT	NORTH TORONTO MASTERS SWIM CLUB	116
NYG	NORTH YORK GATORS	34
OGM	OLYMPIC GOLD MASTERS SWIM CLUB	8
OHM	OL' HENRYS MASTERS	54
OOA	OASIS ACES MASTERS SWIM CLUB	12
OOPS	ORILLIA OLD POOPS SWIMMING	7
OPP	OTTAWA PINECREST PIRANHAS	15
OSAC	OWEN SOUND AQUATIC CLUB	10
OST	OSHAC MASTERS-OSHAWA	16
OTTY	OTTAWA Y MASTERS SWIM CLUB	12
PEM	PEMBROKE PENGUINS MASTERS SWIM CLUB	18

PKRG	PICKERING MASTER SPLASHERS	50
PMF	PETAWAWA MASTERFINS	17
RHM	RICHMOND HILL MASTERS	16
RID	OTTAWA RIDEAU SPEEDEAUS SWIM CLUB	52
ROW	REGION OF WATERLOO MASTERS SWIM CLUB	40
SAMS	SAM'S FRIENDLY SWIM CLUB	2
SCAR	SCARBOROUGH MASTERS AQUATIC CLUB	41
SIM	SIMCOE MASTERS	3
SM	SWIMERGY MASTERS	6
SOO	SOO MASTER POLAR BEARS	39
STRY	STRATFORD Y MASTERS	6
SURF	KANATA SURFERS SWIM CLUB	36
SWYM	OTTAWA SWIMMING WEST Y MASTERS	35
TAT	TILLSONBURG AQUATIC TORPEDOS	0
TBT	THUNDER BAY THUNDERBOLTS MASTERS SWIMMING	33
TEAC	8 WING TRENTON ENDUROS ATHLETIC CLUB	10
TECH	TECHNOSPORT SWIM & TRIATHLON CLUB	62
TMU	TORONTO MASTERS OF THE UNIVERSE	42
TOT	TORONTO TURBOS	0
TRAY	THUNDER RAYS MASTERS SWIM CLUB	56

UNON	UNATTACHED SWIMMERS - ONTARIO	34
UXB	UXBRIDGE MASTERS	8
VGHN	VAUGHAN MASTERS AQUATIC CLUB	19
VV	VARIETY VILLAGE VIPERS	2
WAA	WILMOT AQUATIC ACES	12
WDI	WHITBY DOLPHINS INC.	11
WDST	PIRANHAS OF WOODSTOCK	0
WWR	WINDSOR WAVERUNNERS	32

REPORT OF STATISTICIAN FOR YEAR 2001

This has been an interesting year with many records broken and many PBs. We have more swimmers registered and more competitors in local, national and international meets. Despite some cancellations there has been much swimming activity and, to the end of August, results from 30 meets have been added to the system from which the Top Ten compilations will be made at the year-end.

For twelve years Michael Stroud has created, maintained and enhanced a statistics software package on behalf of MSO. We owe him grateful thanks for this labour of love, and the results from the 414 meets he input to the system will be archived to a new system.

The new system has been installed, courtesy of Don Clinton. We can now accept results from meets run with HyTek or with Don's software package (or with other compatible systems) in electronic format. This should reduce some of the errors created through retyping of results and make it easier, faster, and more economical for clubs to produce result sheets. However, hardcopy results sent by snail mail are still acceptable. Whatever the format, Meet Managers are urged to get results to the Ontario Statistician promptly. That way, we can satisfy the web-browsers and keep the keen competitors current. Swimmers taking part in meets held outside the province are reminded that the onus is upon them to ensure that we get their results **WE DO NOT DOWNLOAD RESULTS FROM INDIVIDUAL WEB SITES RUN BY CLUBS OR ORGANIZATIONS (SUCH AS USMS).**

Swimmers are reminded that all applications for recognition of ANY records should be sent to the ONTARIO Statistician for prompt processing. Application forms can be printed from the MSO website or obtained from the MSO Registrar. If you are hopeful of getting a record it is a good idea to have the form with you at the Meet so that it can be signed by the officials on site.

Meet Managers are also requested to be sure that, in the case of 'open' events, the stroke used by the individual participants is clearly stated so that the event can be properly recorded. Anyone wishing to have 'splits' recorded is also urged to inform the timers in advance so that the proper documentation can be produced for record-keeping purposes.

Errors are a fact of human life, so we are always ready to be notified of errors or omissions so that the database can be as true and fair a record of our prowess in this sport as possible. Pat Niblett (our record keeper) and I thank you for all the interest you have shown this year.

Respectfully submitted
Lesley Mason-Ward
lmasonwa@magma.com
287 Clare Street
Ottawa K1Z 7E3

Meet Coordinator's Report 2001

PROVINCIALS

Our oft-cancelled provincial championships seem to be sailing in calmer waters these days, thanks to the **Ontario Swim Officials Association**. The OSOA hosted our very successful 2001 meet on March 31, 31 April 1 at the Etobicoke Olympium under the experienced eye of President John Grootveld and his super-squad of chief officials. Many thanks to all the officials, committees, and volunteers. The success of the meet was at least partially indicated by the stats...73 clubs, 582 entries (258 women, 324 men), 82 Ontario records, 47 Canadian, and 9 Worlds (6 official, 3 unofficial). And as usual the meal and social afterwards were enjoyed by all comers.

Now we are looking forward to next year's meet on **April 5, 6, 7, 2002**... again at the Olympium, and again the only bid to host the meet has come from the OSOA. We anticipate another successful meet run by our esteemed officials.

The 2002 meet will be the second of a 3-year commitment by the Olympium to set aside one week-end in March/April for our championship meet, with the actual dates to be confirmed in June of the previous year. **I am now accepting bids from interested clubs or combinations of clubs to host the 2003 meet.** If some other suitable venue is preferred by a prospective host club, this would need to be confirmed in time to

cancel our commitment with the Olympium, i.e.-by June 1, 2002. Send enquiries to Charlie Lane at msomeets@mastersswimmingontario.ca or (905)-271-6365.

OTHER MEETS

A total of 38 meets were sanctioned by Masters Swimming Ontario in the past year...including 27 **regular pool meets**, 3 pool time trials, 1 Open Water swim (5K championship at St Mary's), 6 cancelled pool meets and 1 cancelled Open Water meet (still not enough water in Georgian Bay this year). Now that our earlier insurance problems for Open Water swims have been straightened out, we hope the 5k Championship has a firm basis for continuing another 25 years at least. The 6 cancellations are troubling to us. They seem to result from a few factors such as poor placement in the schedule, or insufficient time to organize and advertise. **The Thousand Islands club** had a good idea after having to cancel their spring meet; they organized 3 mini-meets on Sunday evenings in the spring to attract their local swimmers, with awards for attending all 3 meets.

We still have very few **long course meets** in our province. Last year I mentioned that U of T and Brock should consider hosting LC meets. Thanks to those energetic students in **U of T's TMU** team for taking up the challenge. I hope they make it an annual affair. Even so we had just 3 LC meets, but again with London and Nepean just a week apart in the schedule, most of us can only get to one of them.

Again this year I want to suggest a **time trial** as a very easy type of meet for small or remote clubs to organize. For a little labour and at almost no cost you can offer a few individual events and relays to swimmers in your local area. The pool time can be short to fit within your normal workout...even 1-2 hours is enough, possibly with no extra pool time costs required. Awards may or may not be presented, but times are official and count for records and Top 10/20 rankings as with regular meets as long as a qualified senior official is presiding. All 3 of this year's time trials were held by Etobicoke(ETOB), but this format would suit any club, large or small. Meets of this size are always posted on our website with all other meets. As of this report date they will also require a minimum of one week's notice to all clubs. Registration may be limited by the host club to suit the time and pool space available. Let me know if you need more information about running a sanctioned time trial.

MEET BUSINESS

The revised forms seem to be working well, but there is still a limited return of those **meet report forms** that help us to gauge the success of all our meets. (See the summary stats on all meets presented with this report). Also we are advised that the **warm-up rules** are not being followed closely by many clubs, particularly the no-diving rule (including cones or chairs placed on all starting blocks), and the required lane directions for swimming during warm-ups to avoid injury along the ropes, and the need to post revised safety rules around the deck before the meet. Meet managers and club leaders are also asked to **please ensure that the warm-ups are closely supervised by your chief official** or designated patrol personnel who should be wearing

appropriate clothing, ("whites" or bright vest, etc) so as to be obvious to all swimmers. There are insurance concerns that could leave you vulnerable in case of an accident.

Finally, please be sure to write to me or another Board member if you have any comments or questions about the meets you attend. My email address is msoomeets@mastersswimmingontario.ca

See you all at the meets!
Charlie Lane