



ThornhillMastersAquaticClub

5th ANNUAL THORNHILL MASTERS INVITATIONAL
SUNDAY, February 28, 2016
 Markham Pan Am Centre Pool



SANCTIONED BY:

REGISTRATION DEADLINE: Friday, February 26th, 2016 at 9 pm.
 Register by mail or at www.thornhillmultisport.com.

HOSTED BY: Thornhill Masters (THOR)

START TIME: Warm –up: 8:00 - 8:45 a.m.
 Start: 8.50 a.m. Ends about 4:00 pm depending on # entries.

FACILITIES: 25 metre, 10 lane pool with electronic timing.
 Warm up/cool down will be held in the 2nd 25 metre pool all day.

MEET MANAGER: Dieter Gamm
 Email: meetmanager@thornhillmultisport.com

ORDER OF EVENTS: See below (and entry form). A permanent warm-up area will be provided.

WOMEN	EVENT	MEN
1	400m free (limited to 2 heats/20 entries of men and women)	2
3	50m Breast	4
5	100m Back	6
7	200m IM	8
9	100m Free	10
11	200m Fly	12
13	50m Back	14
15	200m Breast	16
17	4X50m IM Relay	18
19	4X50m IM Relay MIXED	19
	BREAK 30 minutes	
21	400m IM (limited to 2 heats/20 entries of men and women)	22
23	50m Free	24
25	100m Fly	26
27	100m Breast	28
29	200m Free	30
31	50m Fly	32
33	200m Back	34
35	100m IM	36
37	4X50m free Relay	38
39	4X50m Free Relay MIXED	39

LOCATION: Markham Pan Am Centre Pool
 16 Main Street Unionville, Unionville, Ontario L3R 2E5

PARKING/TRANSIT: Parking is available at the facility. Public transit information is available from the following website. <http://www.yorkregiontransit.com/en/>

- DIRECTIONS:** Exit South on Main Street from Hwy. 7 at Unionville in Markham. The facility is on the SW corner of Main Street where it ends.
OR Exit Kennedy St. N. from Hwy. 407. Turn left onto Unionville Gate. Turn left onto Main Street. The facility is on the SW corner where it ends.
- LOCKERS:** Limited, bring lock
- ELIGIBILITY:** Swimmers must have reached their 18th birthday on or before Feb. 28, 2016. Only Masters Swimmers registered with their provincial (MSO), state or, national body will be accepted.
Masters registration numbers must be provided in advance for each swimmer.
- AGE GROUPS:** A swimmer must have attained the age of 18 by Feb. 28, 2016
A swimmer's age is determined by his/her age as of December 31, 2016.
Individual 18-24, 25-29, 30-34, 35-39 etc 5 year increments.
Relays 72+,100+,120+,160+,200+,240+,280+,etc. 40 year increments.
- ENTRIES:** Men and women heats will be separate.
All events will be seeded by entry time slowest to fastest.
Swimmers are limited to **5 individual events**, not including relays.
The 400m Free and 400m IM are limited to 20 female and 20 male participants.
Please identify a 6th event by circling it on the entry form in the event you are not one of the first 20 entries. Every effort will be made to notify any swimmer who did not meet the cut off prior to the day of the meet.
The Meet Manager reserves the right to limit entries and cancel events.
There will be NO DECK entries.
- RELAY ENTRIES:** Entry cards for relays (part of package and available at registration table) need to be completely filled out stating event #, event name, total team age, club name, individual swimmer names and ages (in swim order) and entry time.
Relay entries need to be submitted to the Clerk of Course desk prior to events 13 and 31 to allow time for processing.
All swimmers shall be from the same club, otherwise "exhibition."
Names and order can be changed up until start of heat, but not age group.
- RULES:** Masters Swimming Canada Rules, 2013 – 2017, shall apply.
MSC Warm up-Cool-down rules shall apply and be enforced. See MSC Rules posted at pool.
- OFFICIALS:** If you are interested in volunteering as an official, please email meetmanager@thornhillmultisport.com.
- RESULTS:** Results will be posted at www.mymisc.ca
- ENTRY FEE:** **\$60 per swimmer.**
Please do not enter events you do not intend to swim as the potential for empty lanes can extend total meet time.

MAIL	ONLINE
Mail entry documents to: Dieter Gamm 16 Prescott Court Thornhill, ON L3T 5W7 Cheques, payable to Thornhill Masters Aquatic Club.	Go to www.thornhillmultisport.com . Find the link for the February swim meet. Enter using the online form. Payment by credit card will be provided.

RECORDS:

It is your responsibility to inform the Chief Timer at least 10 minutes prior to your heat if you have a chance of setting a record.

AWARDS:

Ribbons will be awarded 1st to 3rd place in each group.

SOCIAL:

Refreshments will be served during the meet.

A Pot Luck is being held to conclude the meet!



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SUNDAY, FEBRUARY 28th, 2016
 Markham Pan Am Centre Pool

ENTRY FORM

DEADLINE: Friday, Feb. 26th, 2016 at 9 pm.

NAME _____ Male____ Female____
 MSO# _____ AGE (as of Dec 31, 2016) _____
 e-mail _____ tel# _____
 CLUB NAME _____ D. O. B. (dd/mm/yy) ____/____/____

Insert time for individual events you wish to enter - Limit of 5 Individual Events

- Note: Since the 400m Free and 400m IM are limited to 20 female and 20 male participants, if these events are one of 5 events please identify a 6th event by circling it. Every effort will be made to notify any swimmer who did not meet the cut off prior to the day of the meet.

400m Free _____ *(limited- see note above)	400m IM _____ *(limited – see note above)
50m Breast _____	50m Free _____
100m Back _____	100m Fly _____
200m IM _____	100m Breast _____
100m Free _____	200m Free _____
200m Fly _____	50m Fly _____
50m Back _____	200m Back _____
200m Breast _____	100m IM _____

Relays: 4X50m free men, women and mixed; 4x50m IM men, women and mixed

The Meet Manager reserves the right to limit the number of entries or participants. So send your entries in early!

Athlete Waiver and Release:

In consideration of the acceptance of this entry, I, for myself, my executors, administrators and assigns, do hereby release and discharge the THORNHILL MASTERS AQUATIC CLUB, Masters Swimming Ontario, and Masters Swimming Canada from all claims and damages, demands and actions whatsoever in any manner arising or growing out of my participation in this event. I attest and verify that I have full knowledge of the risks involved in this event and I am physically fit and sufficiently trained to participate.

Signed: _____ Dated: _____

Cost: \$60.00

Cheques: payable to Thornhill Masters Aquatic Club
 Send to: Dieter Gamm 16 Prescott Court, Thornhill, ON L3T 5W7

Online Entries: www.thornhillmultisport.com. Payment by credit card will be provided.
 If you are interested in volunteering as an official, please email meetmanager@thornhillmultisport.com.