



## RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY AGREEMENT

This is a binding legal agreement. As a Participant in the sport of swimming and the programs, activities and events of *(Insert Name of Club)* and *Masters Swimming Ontario*, the undersigned acknowledges and agrees to the following:

### Disclaimer

1. *(Insert Name of Club)* and *Masters Swimming Ontario*, and their respective directors, officers, committee members, members, employees, coaches, volunteers, officials, judges, participants, agents, owners/operators of facilities, and representatives (collectively the "Organization") are not responsible for any injury, damage or loss of any kind suffered by a Participant during, or as a result of, the sport of swimming or any program, activity or event, caused in any manner whatsoever including, but not limited to, the negligence of the Organization.

### Assumption of Risk

I am aware participation in recreational or competitive swimming involves many risks, dangers, and hazards, which may not be easily identified. Such risks, dangers, and hazards include, but are not limited to, the risk of significant injury or death resulting from drowning, exertion, negligence of others, slippery surfaces, water conditions, and negligence on the part of the Organization, its directors, officers, employees, volunteers, independent contractors, or agents.

I understand that by participating in the Organization's program(s) or event(s) I am registering for by submitting this registration form, I may or will be engaging in activities and using equipment or facilities, including, but not limited to, swimming pools and resistance equipment, that may cause me (or my family) significant injury, loss, damages, and death.

I understand that I am hereby advised and solely responsible to seek medical or other competent healthcare advice with respect to my health and state of physical wellbeing with respect to the risks involved in participating in recreational or competitive swimming and Organization Registered Programs.

I am aware of the risks, hazards, and dangers, associated with participation in recreational and competitive swimming programs and Organization Registered Programs, and I freely and voluntarily agree to assume any and all such risks.

### Release of Liability

2. In consideration of the Organization allowing me to participate, I agree:
  - a) To assume all risks arising out of, associated with or related to my participation;
  - b) To release the Organization from liability for any and all claims, demands, actions and costs that might arise out of my participating, even though such risks, injuries, loss, damage, claims, demands, actions or costs may have been caused by the negligence of the Organization.

### Acknowledgement

I hereby acknowledge that I have read this agreement, that I have executed this agreement voluntarily, and that this agreement is to be binding upon myself, my heirs, executors, administrators and representatives.

\_\_\_\_\_  
Name of Participant (Please Print)

\_\_\_\_\_  
Signature of Participant

\_\_\_\_\_  
Date

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