



MASTERS SWIMMING ONTARIO

Save the date: December 3, 2017

MSO SYMPOSIUM AND FUN MEET

**SPEAKERS ON MASTERS' HEALTH AND FITNESS
COMPETITION SKILLS CLINIC (ALL LEVELS)**

TEST YOUR SKILLS IN A FUN MEET FOLLOWED BY A SOCIAL AND FOOD

DECEMBER 3, 2017

11 a.m. to 5 p.m.

MCMASTER UNIVERSITY POOL

HAMILTON, ONTARIO

(information coming soon to www.mastersswimmingontario.ca)