

Confirmation of Review of Concussion Awareness Resource (Level IV or V Official)

<u>Rowan's Law</u> on Concussion Safety is provincial legislation that came into effect on July 1, 2019. The Law applies to Masters Swimming Ontario because our membership includes swimmers under 26 years of age.

Under *Rowan's Law*, Masters Swimming Ontario and your club must ask you to confirm that you reviewed <u>Concussion Awareness Resources</u> available on the Ministry of Ontario's website. The law requires this confirmation to be collected ANNUALLY and PRIOR to participating in MSO activities.

The Ministry resources include a list of common signs and symptoms of a concussion. It also provides access to a <u>booklet</u> for review.

MSO recommends that coaches, trainers and officials also refer to the more detailed <u>concussion management</u> material published by Swim Canada and especially the resources provided by Parachute Canada.

Retain a copy of this confirmation form in the event that you officiate for more than one club.

I confirm that I have reviewed the Concussion Awareness Resource.

Name:	
Signature	Date

Please return to your Meet Manager