



Fast and Furious

Sunday November 10, 2019

Registration opens September 15th

Hosted by: Guelph Marlin Masters

Location: University of Guelph, 50 Stone Road East, Guelph, Ontario

Facility: WF Mitchell Athletic Centre, Gold Pool, 8 Lane - 25m; 6 lanes for competition and two lanes for warm-up/cool-down; electronic timing

Map of the University of Guelph: <https://www.uoguelph.ca/campus/map/>

Entrance to the pool: Using the University of Guelph Campus map, find the [WF Mitchell Athletic Centre](#). You will want to enter via the entrance to the Athletic Centre that is opposite the Tim Horton's that is in the Guelph Gryphon Centre (contains two ice rinks).

Timing of meet: Tentatively warm-up is at 1:00pm, with a start at 1:45pm. Please note that there is another swim meet starting at 8:00am. If the timing for the masters meet is moved slightly earlier or later, you will be emailed at least one week before November 10.

Parking: Parking is free on weekends.

Sanctioned by: Masters Swimming Ontario, sanction number MSO # 501

Rules: The MSO Swimming Rules, shall apply

<http://www.mastersswimmingontario.ca/swim-meets/mso-rules-of-competition>

Seeding: All events are timed finals, swum mixed gender and slowest to fastest.

Safety: MSO Warm up-Cool-down rules shall apply and be enforced.

<http://www.mastersswimmingontario.ca/swim-meets/mso-rules-of-competition>

Eligibility: Swimmers must have reached their 18th birthday on or before November 10, 2019
Swimmers age shall be as of determined as of December 31st.

All swimmers will be accepted. Swimmers not registered with MSO must swim as Single-Event Registrants (club code SER). SER participants must pay the associated \$6.00 fee to receive MSO insurance coverage.

Swimmers under the age of 26 years, must comply with Ontario's new Rowan's Law (Concussion Safety) requirements. Review the Government of Ontario's concussion awareness at <https://www.mastersswimmingontario.ca/rowans-law/>. The required "Confirmation of Review" has been added to the online Waivers.

Meet Registrar and Meet Manager: Dawn Larson dlarson@uoguelph.ca Cell: 519-831-5110
Home phone: 519-824-4152

Meet Referee: John Gerrard

Entry Fees: **Early bird:** \$50 for 6 individual events and 2 relays by Sunday October 27 midnight.

Entry fee is \$60 after October 27. Additional individual entries beyond 6 events and deck entries are \$10 each. **There are no additional fees for relays.**

Entries: Please sign in to the MSO system to submit your individual entries before **midnight November 6th**. Entries will only be accepted online. Instructions for using the MSO registration system can be found on the homepage of the Masters Swimming Ontario
<http://ms.mastersswimmingontario.ca/>

You must pay the entry fee first and then select your events and enter times. The online registration system accepts PayPal which has a credit card option. . For other payment options, please contact the MSO Registrar at MSOReg@MastersSwimmingOntario.ca

Relay entries: Please submit your relays during warm-up, before the start of the session. Cards to be returned with names, ages, times and in order of swim. All swimmers shall be from the same club, otherwise "exhibition. Names and order can be changed up until start of heat, but not age group. Relays will only be run if time permits.

Coaches, registered with their club, may also enter relays using the MSO registration system before **midnight November 6th**.

Single-Event Registrant relays would be considered "exhibition".

Records: Please notify the Referee and/or Chief Timer before your swim if there is a chance you could set a record, including a split for the first swimmer in a relay. Only swimmers registered with MSO are eligible for Ontario records. All swims are considered by Christian Berger for the All Canada swims and rankings.

Results: will be posted at <https://ms.mastersswimmingontario.ca>

Schedule of Events

Event Number	Event
1	100m Individual Medley
2	100m Butterfly
3	100m Backstroke
4	50m Freestyle
5	50m Breaststroke
6	25m Butterfly
7	25m Backstroke
8	25m Freestyle
9	25m Breaststroke
10	4 x 50m Medley Relay
11	100m Freestyle
12	100m Breaststroke
13	50m Butterfly
14	50m Backstroke
15	4 x 50m Freestyle Relay
16	200m Open

MAP OF CAMPUS

Consult the campus map for building and visitor parking location. Find the [WF Mitchell Athletic Centre](#). You will want to enter via the entrance to the Athletic Centre that is opposite the Tim Horton's that is in the Guelph Gryphon Centre (contains two ice rinks).

