

Renfrew County

55+ Invitational Swim meet

Registration Form

Date: May 24, 2020

Check-in 8:30 am

Warmup 9:00 - 9:45 am

Start 10:00 am

Registration Deadline: May 8, 2020 3:00 PM

First Name: _____

Gender: M / F

Last Name: _____

Age on Dec 31, 2020: _____

Address: _____

City/Town: _____

Postal Code: _____

Phone: _____

Email: _____

Emergency Contact: _____

Phone: _____

Choose up to 6 events plus the relay.

An estimated race time is required to seed the events by time.

#	Event	Min : Sec
1	200 Open specify stroke _____	_____ : _____
2	25 Free	_____ : _____
3	50 Breast	_____ : _____
4	50 Free	_____ : _____
5	100 Back	_____ : _____
6	25 Back	_____ : _____
7	25 Fly	_____ : _____
15 Min B R E A K		
8	50 Fly	_____ : _____
9	100 Breast	_____ : _____
10	50 Back	_____ : _____
11	100 IM	_____ : _____
12	25 Breast	_____ : _____
13	100 Free	_____ : _____
14	200 Mixed Free Relay _____ Check if wishing to swim.	

Do not enter a time . Relays will be formed during the meet.

Fees: Participant \$35, Non-participant \$15 (includes buffet)

Deliver or mail Registration Form with payment to:

Senior Active Living Centre

77B Madawaska St. (side entrance, Mon-Fri 9 am to 3 pm, cash or cheque)

Arnprior, ON K7S 1S1

Make cheques payable to: **Renfrew County 55 Plus Swim Meet**

- A Non-participant who applies for and is accepted as an official need not pay the \$15 fee.

To inquire, contact the Meet Manager at chown1624@gmail.com.

- All Participants and Non-participants will be required to sign a waiver at the Check-in.

2020-03-04

Participant's Signature _____

Date: _____