

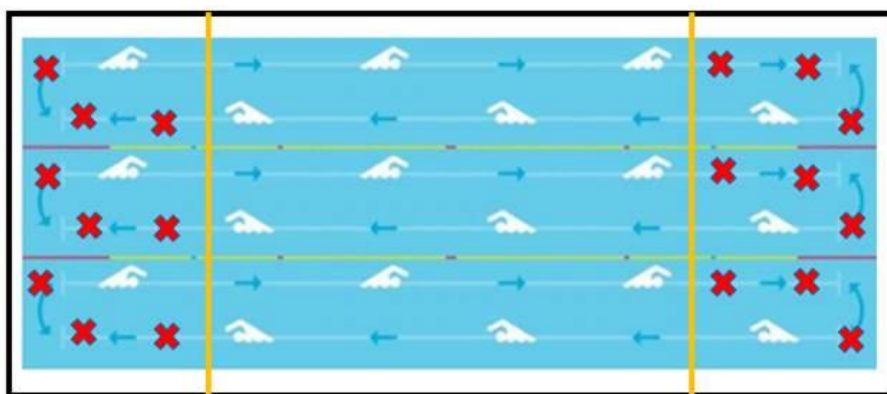
June 21, 2021

To: All Clubs

As swimming slowly reopens across the province, clubs offering either pool or OWS summer programs are asked to notify MSO of their return via the following Google Form at <https://forms.gle/aAqKZ9wArzBaukfn7>

Please review the Ontario Roadmap and to make adjustments to your COVID protocols. We expect that local municipalities and facility owners will adjust their protocols to align with their understanding of the Ontario Roadmap. Limits will likely be different for public swimming, public lane swimming and club lane swimming as they were earlier in the year.

The Roadmap sets physical distancing to 3 metres at Stage 1. This means that only one swimmer can have a home-base at the wall. We hope this will return to 2 metres at Stage 2 or 3. The diagram below is an example of a 3m distancing home-base.



Subject to provincial and local swimmer maximums, MSO clubs should use the following formats:

SCM / SCY

- No single lane swimming
- No more than 6 swimmers per double SCM lane

LCM

- No single lane swimming
- No more than 8 swimmers per double LCM lane with 1 coach on deck
- No more than 10 swimmers per double LCM lane with 1 coach at each end of the pool to help maintain safe distancing.

2021 Virtual OWS Challenge

MSO will be repeating the Virtual OWS Challenge again this year. Details will be published in the coming days. The Challenge was enjoyed by many swimmers last year. Please encourage your OW Swimmer to review the OWS guidance on the [MSO website](#) and join the fun.

2020-2021 Not-Quite-Nationals Virtual Pool Challenge

The Pool Challenge will continue through the summer. The details are posted on the [MSO website](#).

Have a safe summer
MSO Board of Directors